

Bushwalking Gear

The checklist below is a basic guide only. The selection of items and the quantities to be used will be influenced by the type and scope of the activity, the locality, duration, season and predicted weather conditions.

It is suggested that a small separate kit of clean clothes and footwear, a towel and a large plastic bag for dirty gear is left in the car for a clean-up and a change after a walk. This is appreciated by the car owner and also contributes to a more comfortable ride home.

On hard or exploratory one-day or overnight bushwalks, each person should be sufficiently equipped to operate independently.

| Gear | Easy-Medium One-Day Bushwalking | Easy-Medium Overnight Bushwalking | Hard or Exploratory One-Day Bushwalking | Hard or Exploratory Overnight Bushwalking |
|------------------------|---|---|---|---|
| Backpack | Day pack:25-35 litres | Day pack:60-80 litres strong plastic liner maybe strong plastic bag for floating | Day pack:25-35 litres | Day pack:60-80 litres strong plastic liner maybe strong plastic bag for floating |
| Clothing | shorts (or long pants) shirt wide brimmed hat, etc | shorts (or long pants) shirt wide brimmed hat, etc | shorts (or long pants) shirt wide brimmed hat, etc | shorts (or long pants) shirt wide brimmed hat, etc |
| Wet Gear | waterproof jacket (thigh knee length) | waterproof jacket (thigh knee length) waterproof overpants | waterproof jacket (thigh knee length) | waterproof jacket (thigh knee length) waterproof overpants |
| Footwear | volleys, joggers or boots | volleys, joggers or boots | volleys, joggers or boots | volleys, joggers or boots |
| Warm Gear | wools or thermals, beanie, gloves | wools or thermals, beanie, gloves | wools or thermals, beanie, gloves | wools or thermals, beanie, gloves |
| First Aid Kit | compact and functional | compact and functional | compact and functional | compact and functional |
| Water Container | 1 litre | 1 litre bottle, 4 litre cask bag or waterbag | 1 litre | 1 litre bottle, 4 litre cask bag or waterbag |
| Fire Gear | lighter or waterproof matches | lighter or waterproof matches fuel and light weight stove or fuel paste or tablets | lighter or waterproof matches fuel paste or tablets | lighter or waterproof matches fuel and light weight stove or fuel paste or tablets |
| Auxillary Bits | whistle, rubbish bag, small torch with new batteries | whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife | plastic covered map, compass, whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife | whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife |
| Personal Bits | any required medication, sun block, insect lotion | any required medication, sun block, insect lotion, small drying towel, toilet gear | any required medication, sun block, insect lotion | any required medication, sun block, insect lotion, small drying towel, toilet gear |
| Food | biscuits, sandwiches, fruit + spare amount of extras for emergencies | lightweight and satisfying, easy to prepare lunches some light and compact food for emergencies | biscuits, sandwiches, fruit + spare amount of extras for emergencies | lightweight and satisfying, easy to prepare lunches some light and compact food for emergencies |
| Food Gear | X | knife, fork, spoon, plate/bowl, mug, lightweight saucepan or billy, small | X | knife, fork, spoon, plate/bowl, mug, lightweight saucepan or billy, small |

| Gear | Easy-Medium One-Day Bushwalking | Easy-Medium Overnight Bushwalking | Hard or Exploratory One-Day Bushwalking | Hard or Exploratory Overnight Bushwalking |
|---|--|--|---|--|
| | | cleaning scourer | | cleaning scourer |
| Optionals | Camera, binoculars, gaiters, map, compass, webbing tape, swimming costume, small towel | Extra clothing, camera, binoculars, gaiters, map, compass, map, compass, webbing tape, swimming costume, small towel | Camera, binoculars, gaiters, | Extra clothing, camera, binoculars, gaiters, map, compass, map, compass, webbing tape, costume, small towel |
| Shelter | X | Flysheet or tent Lightweight and waterproof ground sheet | X | Flysheet or tent Lightweight and waterproof ground sheet |
| Bedding | X | Self inflating air bed or closed cell mat Down fill sleeping bag Inner sheet | X | Self inflating air bed or closed cell mat Down fill sleeping bag Inner sheet |
| Abseil Gear | X | X | Two 3m-5m lengths webbing tape 2 small oval or D karabiners (+ piton) or mini rack | 2 small oval or D karabiners (+ piton) or mini rack abseiling gear and rock-rope equipment may be required) |
| Group Gear (Leader responsibility) | Map, compass, webbing tape or hand line | Map, compass, webbing tape or hand line | Handline, rigging tapes, waterbag | Handline, rigging tapes |