



PROGRAM

January – February – March 2021



Corang Arch Budawangs Nov 2020
Photo courtesy of Alan Webb

PO BOX 250 SUTHERLAND NSW 1499
ABN 28 780 135 294

<http://www.sutherlandbushwalkers.org.au>

INTRODUCTION

Sutherland Bushwalkers Club provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 300 members. The club meets on the last Wednesday of each month (except Jan and Dec) at the Sutherland Council Stapleton Avenue Community Centre, cnr. Stapleton Ave & Belmont St, Sutherland at **7.00 pm**. For membership enquiries and/or further information, see the club's website, email us at info@sutherlandbushwalkers.org.au, or write to us at our post office box.

BOOKINGS

It is imperative that bookings are made directly with the Activity Organiser. At least 4 days' notice for one-day activities and 10 days for o/night activities should be given if you wish to participate. Frequently there is a limit on the number of people, so it is best to book early. Visitors are welcome on activities if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting and departing cannot be extended to wait for those who are late. If you find that you are not able to attend, please advise the Activity Organiser **immediately**. This may allow another person to attend when numbers are limited.

TRANSPORT

Car pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested for sharing transport costs: calculate contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver, and share equally any additional costs, eg entrance fees, road tolls etc.

GRADES

One day walks: Start with a Grade 1 or grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some experience.

O/night walks: These require more experience and fitness than day walks of an equivalent grade so try some day walks of a higher grade before attempting an o/night walk.

All activities: Grading is subjective and cannot take into account all possible factors so if you are uncertain about the grade, the experience and fitness required or the terrain, ask for advice. Club activities are generally graded on a scale of 1 to 6: **On an activity Graded 4 or above you could encounter off track sections and/or exposed areas at any time. Some activities come with more risk than others. An Activity Organiser may exclude any participant who may have difficulty completing the planned activity.**

Easy (1) Opportunity for large number of walkers, including those with reduced walking ability to walk on well-marked and even tracks. Tracks are man-made and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Easy/Medium (2) Easy walk, mostly on tracks of low gradient. Opportunity to walk easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed 15 km.

Medium (3) Some hilly sections &/or rougher terrain. Opportunity to walk on defined and distinct tracks, with some steep sections you will require a reasonable level of fitness. Distance should not exceed 20 km.

Medium/Hard (4) Steeper, rougher terrain & may have off-track sections (up to 50% or more, depending on terrain) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments, mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Activity Organisers should have map reading abilities and/or the ability to use a compass. Distance depends on circumstances. Not suitable for beginners.

Hard (5-6) Strenuous walking over difficult terrain, much of which can be unfamiliar. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

The descriptions above refer only to bushwalking trips. Where these grades are applied to other activities (eg cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our web site.

SAFE BUSHWALKING, SEARCH AND RESCUE

Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are

expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLB's are used for serious emergencies or life-threatening situations.

In the event of being lost or a medical incident first call is to **Emergency services on Triple Zero 000** The Emergency Services will initiate [NSW SES BSAR \(NSW SES Bush Search and Rescue\)](#), which is a specialist unit of the SES, if required.

Handy App for All: The Smartphone App *Emergency +* uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency+* also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

TRIP REPORT

All Activity Organisers must complete a Trip Report and a Risk Waiver form for the activity. Forms can be downloaded from the Club's website. These must be sent to the Club Secretary (address on form). in a timely manner after the activity.

EQUIPMENT

On camping activities provide your own camping equipment or arrange to share. Activity Organisers will advise on required equipment. Beginners are advised not to buy expensive equipment without advice. Club equipment, including camping gear, backpacks, safety equipment and some maps, is available for loan. At least 14 days' notice should be given if you wish to borrow any equipment. For further information on equipment, contact the Equipment Officer (contact details on page 11). The club has two personal locator beacons (PLB) for use on activities. PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices.

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

1	Please adhere to all the current club COVID-19 guidelines available via our website homepage.
2	Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip.
3	Carry sufficient water for conditions of the trip – generally a minimum of 1 or 2 litres, or more in hotter conditions.
4	Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is delayed due to unforeseen circumstances), rain gear, whistle, torch & appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities, such as cycling, require special equipment, eg bright clothing, helmet, pump, spare tube & tools.
5	Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
6	You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
7	Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, leave your pack on the track to indicate your intentions.
8	Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
9	Do not proceed past track junctions until advised to do so.
10	Do not fall behind the person appointed "tail" for any reason without advising the "tail".
11	Ensure the Activity Organiser is aware that you have made it to the end of the activity.
12	Ensure all vehicles start before leaving for home.
13	Thank the Activity Organiser & bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.

14	All participants share responsibility (or are prepared to) for the orderly conduct and safety of any club activity in which they participate. This extends to helping others in an emergency. Peer activities are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All kayaking and canoeing activities are peer activities.
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NEW ACTIVITY ORGANISERS, NEW ACTIVITIES AND THE NEXT PROGRAM

We are always in need of more Activity Organisers, new activities and new ideas. If you have any suggestions or would like to contribute to the program, contact the Activity Collector or the Program Secretary.

The program activities can also be viewed in the members area of the club website. For security purposes names and phone numbers are deleted on the public version.

INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The policies cover activities undertaken in Australian and New Zealand if those activities are included in our activity program. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Post Trip Incident Report section of the Trip Report. The Personal Accident insurance covers participants up to 95 years of age and provides benefits to injured persons. If an incident occurs, always notify the Activity Organiser.

Lodging a claim: The club member should contact our insurance broker Jardine Lloyd Thompson Sports Division (JLT). Phone 1300 574 980 or email bushwalking@jlta.com.au

If the injured member is unable to contact the insurance broker, the Activity Organiser should do so. Claims should be notified as soon as possible but within 30 days. Personal Injury claim form available for download off Bushwalking Australia website www.bushwalkingaustralia.org/insurance – Bushwalking Australia Inc PA Policy number 0012117.

FOR INFORMATION ABOUT ACTIVITIES IN THIS PROGRAM

SEND AN EMAIL TO: info@sutherlandbushwalkers.org.au

SUMMER WEATHER ALERT: Caution High Temps; Hot days may be a health and safety issue
Activity Organisers check websites before your activity, you may need to go to an alternative plan.

Websites: National Parks alerts for park closures, BOM (bureau of meteorology) for weather alerts, Fires Near Me for fire warnings.

January 2021

Jan /Feb 2021	5	PACK HIKE- EAST & WEST ARTHURS TASMANIA The classic Eastern and Western Arthurs walk over nine days starting at Farmhouse Creek and ending at Lake Pedder. A demanding hike with spectacular scenery and have to be prepared for changeable weather. Need to be fit and very experienced with overnight camping. Possible side trips to Federation Peak and Forest Shute. Limited numbers
Fri 1 Jan	1	COASTAL WALK- Bass and Flinders Point Cronulla Begin the new year with an afternoon stroll around Bass and Flinders Point with plenty of swimming options. End with fish and chips for dinner at Cronulla beach.
Sat 2 Jan	4	BUSHWALK- BLUE MOUNTAINS NP. MT BANKS Mount Banks. Walk from carpark via fire trail to spectacular Grose Valley views. Cliff top walking then Return to car park via foot track over Mount Banks summit. Please contact by December 27 if interested

Sun 3 Jan	3	CYCLE- RIDE TO BONDI JCT/CENTENNIAL PARK Ride to Bondi Jct/Centennial Park About 40 km. A great start to the new year taking a (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways.
Mon 4 Jan	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Wed 6 Jan	4	BLUE MOUNTAINS BUSHWALK Crayfish Creek – Descend from Burra Korain Ridge into the creek and follow for approx 5 km before ascending out. Wet feet guaranteed with several short swims likely. Approx 12km . Map: 1:25 000 MOUNT WILSON
Wed 6 Jan	3/4	LILO- HEATHCOTE NP – UPPER WORONORA - Sarahs Knob carpark to a few lovely pools on the upper Woronora. Adina, Broula & Friar Bird Pools - we will check them out on lilos/air mats. 10Km.
Thur 7 Jan	3	BUSHWALK- GARIGAL NP Meeting at Davidson Park near Roseville Bridge and walking to the Cascades. Along the Lyrebird Track and Governor Phillip Walk. Approximately 19 km. Possible swimming along the way.
Sat 9 Jan	3	BUSHWALK - ROYAL NATIONAL PARK A bushwalk with three spots for a swim. Anice Falls Track to the falls, then Winifred Falls and up the South West Arm Creek to some pools and then return the same way. 10km.
Sun 10 Jan	3	CYCLE- TEMPE TO RIVERWOOD Ride to Riverwood wetlands About 50 km. Tempe to Riverwood wetlands via dedicated cycleway and quiet back streets. Then on through Riverwood to Oatley and across the bridge back into the Shire.
Sun 10 Jan	3/4	BUSHWALK- COWAN CREEK Starting at Mt Kuring-gai Station and walking down to Cowan Creek and following the waters edge and the many bays along the way. Swimming opportunities in pristine bays. Finishing at Berowra Station. 230m descent/215 ascent- 10.7 km
Wed 13 Jan	4	BLUE MOUNTAINS BUSHWALK Descend Gladstone Pass then follow Linderman Pass to The Valley of the Waters, Lillian's Bridge back to our start. Rough and indistinct sections of track with roped sections down Gladstone Pass 11km Map: 1:25 000 KATOOMBA
Thur 14 Jan	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Sat 16 Jan	3	COASTAL WALK- Minnamurra River to Kiama This spectacular coastal walk with swimming opportunities. It will be an early start 8.00am meeting at Minnamurra Train Station where you can leave cars. Then a train back from Kiama to Minnamurra and drive home. 8.4km
Sun 17 Jan	3	CYCLE- TEMPE to DRUMMOYNE Ride to Drummoyne About 45 km. Tempe to Rozelle and Drummoyne and the Bay Ride via cycleways and quiet roads. Returning to Tempe via the Greenway on cycleway and quiet(ish) roads through Dulwich Hill and Marrickville.
Tue 19 Jan	3	BUSHWALK OTFORD TO OTFORD with a swim at Garie. Beautiful coastal views and walk in Palm jungle and return via Garrawara ridge .Moderate pace. Tree roots, slippery surfaces. Approx 15kms, Map RNP 300 m asc/desc.
Wed 20 Jan	4	BLUE MOUNTAINS BUSHWALK Centennial Glen Creek, Follow an old track down the creek towards the Megalong ,

		then up Porters Pass Gully to Lambert Lookout & Fort Rock. Sections of indistinct and rough track 9km approx. Map: 1:25 000 KATOOMBA
Wed 20 Jan	3/4	LILO- GEORGES RIVER NATURE RESERVE Freres Crossing to The Basin. Walking, rock hopping & floating on lilos. (If you don't have a lilo give the leader a ring, he has a few to spare. 5Km.
Fri 22 Jan	2	URBAN/NATIVE GARDEN WANDER Meeting at Gymea and some street walking to "Sir Joseph Banks Native Garden" a hidden gem that not all locals get to visit. Returning to Gymea via Hazelhurst Regional Gallery, ending here for those that want to visit the Gallery's 20 year anniversary exhibition or just have coffee.
Sun 24 Jan	4	BUSHWALKING- ROYAL NATIONAL PARK Lady Carrington Drive – Palona Brook – unnamed creek to Karani Trail – Wisers Track – Wallumarra Track – Lady Carrington Drive This walk has a significant section of off track walking and clambering, opportunities for swim.
Sun 24 Jan	3	CYCLE- TEMPE TO BARANGAROO Ride to Barangaroo About 50 km. Tempe to Barangaroo and Walsh Bay for morning tea on the wharf. Returning to Tempe via the fish markets, Redfern and Sydney Park. Some road riding but fairly safe and quiet.
Wed 27 Jan	4	BLUE MOUNTAINS BUSHWALK Faulconbridge Station to Springwood, via Victory Track, Numantia Falls Sassafras Ridge, Glenbrook Creek, Steep ascent off-track, on rough pads to Sassafras Ridge. Steep descent to Sassafras Creek.15Km. Map: 1:25 000 SPRINGWOOD
Wed 27 Jan	0	CASUAL GET TOGETHER- COMMONWEALTH PAVILION BYO food and drinks. BBQ available. Commonwealth Pavillion, Royal National Park. 5.30pm Depending on any new restrictions, I will notify if event cancelled or changed otherwise just come along.
Wed 27 Jan	GENERAL MEETING Sutherland Community Centre , Stapleton Ave Sutherland 7pm	
Thur 28 Jan	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Sat 30 Jan	3	HARBOUR FORESHORE WALK - CIRCULAR QUAY TO WOLLSTONECRAFT Starting at Circular Quay station, we'll walk over the Harbour Bridge, then through Lavender Bay to McMahons Point, Blues Point, Berrys Bay, Balls Head, Berry Island Reserve and finishing at Wollstonecraft station. Approx 14 kms with some street walking but nice bays, bush areas and city views.
Sun 31 Jan	3	CYCLE- SHIRE RIDE Ride around the Shire and a bit. About 45 klm. Starting at Como, over the bridge and through Oatley Park, return to Como then on to other areas in the Shire. Mostly road riding but quietish.
Sun 31 Jan to Sun 7 Feb 2021	2 / 3 / 4	KOSCIUSZKO NP - ALPINE WALKS - Pygmy Possum Lodge Charlotte Pass Our annual week of alpine walking activities based at Pygmy Possum Lodge. Walks each day & possibly an overnight walk for those interested. Room rates - Couple \$504, Twin share \$252 each, Single \$328. Rooms have en-suites and meals are self-catering. A very social week. WAIT LIST ONLY.

February 2021

Mon 1 Feb	3/4	OVERNIGHT PACK WALK- CHARLOTTE PASS Part of the week at Pygmy Possum Lodge. One night under the stars. Day depending on the weather. You will need to bring everything with you for an overnight tent camp. Contact me IF you need help with what to bring , otherwise bring the gear and make up your mind on the day.
Wed 3 Feb	3	BUSHWALK- Killalea and Bass Point Reserve. Wednesday 27th January - Killalea and Bass Point Reserve. A meander through the coastal forests, heathland, beaches and the rocky shorelines of Bass Point Reserve and Killalea Reserve near Shellharbour. Some rock-hopping and beach walking is required, as is a compulsory dip in the ocean.13-14 km
Wed 3 Feb	4	BUSHWALK- Royal NP – Uloola Brook to Kangaroo Creek. Waterfall to Heathcote, walk to Uloola Falls via Blue Pools. Then follow Uloola Brook below the falls to Kangaroo Creek. Exit on Bottle Forest Track. 13Km
Sat 6 Feb	3	BUSHWALK- LOFTUS TO ENGADINE Option for coffee/ice cream at Audley and a swim at Kangaroo Creek. Start and finish at train stations. 13km
Sun 7 Feb	2/3	BEACH WALK - GERROA - SHOALHAVEN HEADS A 12km walk the length of 7 Mile Beach. Will chose the direction depending on weather (wind) forecast. Lunch in the picnic area half way along. There is an optional bail out here to make it a 6km walk. Can pick up 2 or 3 people from Kiama Railway Station if desired. A great beach for a stroll - this is where Sir Charles Kingsford Smith took off in 1933 for the first trans Tasman flight! Shoes/sandals/bare feet all optional.
Wed 10 Feb	2	BUSHWALK- ROYAL NAT PARK Wattamolla to Eagle Rock and return Walk to the iconic Eagle Rock along coastal track with lots of steps. Bits of history in area ,cool breeze on a hot day and then a take a dip at Wattamolla on return . 9km return
Wed 10 Feb	4	BLUE MOUNTAINS BUSHWALK Yileen Spur, Liversidge Hill & Birrabang Walls, via Birrabang Ridge and Yileen Gully. 80% off track with scrambles up and down of around 150m and a short section in canyon. Approx 10km. Map: 1:25 000 MOUNT WILSON
Thur 11 Feb	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Fri 12 Feb	2/3	BUSHWALK - BARDEN RIDGE to THE NEEDLES A loop walk: Barden Ridge - Winnell's Wander - The Needles - return. Opportunity for a swim in the Woronora River and a picnic, along with hearing some history and exploring around the causeway.8 km.
Sun 14 Feb	3	CYCLING- 5 BRIDGES via MENAI & ANSTO Start and finish at Mortdale station stopping for coffee on the way. Cycling mostly on bike paths or quiet roads.40km. Bring a spare tube, bike repair kit and bottle of water.

Tue 16 Feb	2/3	BUSH- HARBOUR WALK Sydney Harbour – Watsons Bay to Double Bay – approx. 12 kms. Be the first to preview a section of the new Bondi to Manly Walk Guide (under publication) by Tara Wells (my daughter). Enjoy a harbourside walk in surprisingly green and tucked away places. Be immersed in story, history and nature and of course there are plenty of swimming spots and shady trees to sit and relax. Train to Circular Quay and ferry to Watsons Bay. Limit of 12
Wed 17 Feb	3	LILO- HEATHCOTE NP – LAKE ECKERSLEY Walk the Pipeline Track to Woronora River then 800m lilo/air mat paddle to Eckersley beach - really just an excuse for a swim. (If you don't want to lilo, come anyway) 10Km
Wed 17 Feb	4	BLUE MOUNTAINS BUSHWALK Burra Korain to Odin Head via Victoria Creek and Odin Gully Creek. Follow Burra Korain Ridge to Burra Korain Head, then descend through a break in the cliff line. Rough & steep sections through cliff lines at both ends. Approx 60% off-track with creek crossing. 8km approx. Map: 1:25 000 MT WILSON
Fri 19 Feb	2	BUSHWALK-ROYAL NATIONAL PARK. Walk from Garawarra Farm along Garawarra Ridge, an easy undulating track, we will visit lookouts and return same way. Approx 9.5k. Afterwards can drive to nearby Garie for a swim.
Sun 21 Feb	4	BUSHWALKING- ROYAL NATIONAL PARK Exploring Toonoum Creek. Begin from Garrawarra Farm carpark via Burgh Track-Bola Hills Trail – then off track along Toonoum Creek, to intersect with Wallumarra Track – Lady Carrington South carpark. May be some steep sections along the creek. Should be an opportunity to for a dip in a pool or two. Car Shuttle will be required
Sun 21 Feb to 13 Mar	3/4	HIKING AND BIKE RIDE - NEW ZEALAND Rakiura Track, Stewart Island & Queen Charlotte Track, Marlborough Sound. Rakiura - 2 nights in DOC huts, pack required, 3 days food. Queen Charlotte - 3 nights, probably lodge accommodation. PLUS BIKE RIDE-ALPS to OCEAN Local day walks on arrival or leaving destinations. Bookings don't open until after June 2020. 6-8pp. Max. WAITING LIST ONLY
Wed 24 Feb	3	BUSHWALK/ SWIM- ROYAL NAT PARK Just for a swim .Waterfall to Heathcote via Kangaroo Creek waterfall, Uloola Brook cascades and Uloola waterfall, then out via Karloo pool. About 1.5 km of off track walking to connect Kangaroo Creek with the Uloola track. Swimming opportunities abound. 14km Grade 4 because off track section.
Wed 24 Feb	4	LOWER BLUE MOUNTAINS BUSHWALK Lapstone Station to Glenbrook Station Via Bluff Reserve, Old Zig Zag, Knapsack Bridge, Elizabeth and Marges Lookouts, Lennox Bridge. 120m steep ascent. Approx 14Km Map SPRINGWOOD & PENRITH
Wed 24 Feb	ANNUAL GENERAL MEETING An important meeting to bring everyone back together and plan for 2021. Sutherland Community Centre , Stapleton Ave Sutherland 7pm	
Sat 27 Feb	4	BUSHWALK- MACQUARIE PASS NATIONAL PARK Clover Hill Road, Rainbow Falls, Up creek to Mulangong Falls then Clover Falls to Macquarie Falls then under cliffline to McAndrew Falls then down to Rainbow Falls and Clover Hill. Much off track including some slippery rocks. 6-7 kms. Map Robertson.
Sun 28 Feb	3	CYCLING - BREAKFAST RIDE via BOTANY BAY 45 km , Meet 7.30 am sharp to beat the heat , a lovely way to start the day George River Sailing club to Enfield for Breakfast & back . Option to shorten ride by meeting at Fishos club. Majority on bike paths. Bikes in good order and a simple repair kit required .

March 2021

Mon 1 Mar	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Tue 2 to 5 Mar	2/3	CAR CAMP- WOLLEMI NAT PARK- DUNNS SWAMP Camping by the lake at Dunns Swamp in Wollemi National Park 180km from Sutherland. Tents or vans. Bookings may be required but contact Alan before booking. Great walks, paddles and swimming. Bring any unpowered watercraft such as canoes, kayaks or sit-ons.
Wed 3 Mar	3/4	BUSHWALK-ROYAL NP Middle Rill. Short walk starting at Garie, then 'up the stairs' to Garie Head and Curra Moors. Return off-track following Middle Rill for a swim and possible wander along the cost, depending on inclination. 6+Km.
Sat 6 Mar	3	BUSHWALK – ROYAL NATIONAL PARK Wattamolla to Engadine via Audley. 20km. Mix of fire trail and bush track. Start and finish at a train station
Sun 7 Mar	3	HARBOUR FORESHORE WALK- Harbour Bridge to Taronga Zoo A harbour side walk around many beautiful bays and parklands. A swim at one of the bays. Only 9.7 km.
Sun 7 Mar	3	CYCLING - MYSTERY RIDE Details to be announced.
Mon 8 Mar		ROYAL NP - ADOPT A TRACK PROJECT, ANICE FALLS MANAGEMENT TRACK We will start clearing a new track this year, it joins our work from 2020 – still in the Anice Falls area. We will be using secateurs, light saws and bush saws to clear the walking track to make it more comfortable to walk on. Please come along if you are interested. You will have a fun morning in the bush & go home satisfied that you have made a contribution to Royal NP. There are always plenty of jobs to be done on our track days, large & small - something for everyone. Wear long pants & long sleeve shirts for protection, tools & gloves supplied. Hope to see you there.
Wed 10 Mar	4	BLUE MOUNTAINS BUSHWALK Lions Head & Kedumba Crossing – Follow Lions Head Ridge then descend a steep gully to explore some historic sites in the valley. Return via the Goat Track.(steep rock scrambling with chain assisted section & some exposure). Approx 13km Map: 1:25 000 JAMISON
Wed 10 Mar to 20 Mar 2021	3	BUSHWALKING- FLINDERS ISLAND, TASMANIA Staying in cabins and walking/ sightseeing daily. Cost approx \$1500 per person. TRIP FULL- WAITING LIST FULL
Sun 14 Mar	3	CYCLE- RIDE TO BONDI JCT/CENTENNIAL PARK Ride to Bondi Jct/Centennial Park About 40 klm. A great start to the new year taking a (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways.
Mon 15 Mar	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Sat 20 Mar	2/3	BUSHWALK-THE BASIN. KU-RING-GAI CHASE Walk down to the Basin camping ground, catch the ferry to Mackerel Beach. On to Currawong Beach for a swim then back toto the road via Mackerel. A beautiful part

		of Sydney very rarely visited by SBC.
Sun 21 Mar	3	BUSHWALK- HEATHCOTE NATIONAL PARK/GARRAWARRA STATE CONSERVATION AREA Helensburgh to Heathcote Railway Station. Cawley's Trail across motorway – Coutts Gully – Lake Tooloona – Bullawaring Track to Heathcote Railway Station.
Sun 21 Mar		CYCLE- TEMPE TO RIVERWOOD Ride to Riverwood wetlands About 50 km. Tempe to Riverwood wetlands via dedicated cycleway and quiet back streets. Then on through Riverwood to Oatley and across the bridge back into the Shire.
Wed 24 Mar	3	BUSHWALK- THE BURGH TO OTFORD THE LONG WAY This walk will follow local tracks round the back of Helensburgh from the train station, though to the old Lilyvale station and on to Otford. Some sections of the Burgh and Lilyvale tracks will be used and a few train tunnels will be visited as well (a small torch might be handy). 14-15km
Wed 24 Mar	4	BLUE MOUNTAINS BUSHWALK Red Ledge Pass from Narrow Neck, to Devils Hole. Looking for some old relics of mining and film in an off-track wilderness area. Some moderate exposure on descent. Approx 11km Map: 1:25 000 KATOOMBA
Thur 25 Mar to 4 Apr		FULL PACK WALK- BUNDIAN WAY STAGE 2 Flexible date and still in the early planning stage. Byadbo Wilderness to Delegate.40 km + possible 22km by vehicle to Delegate. Tougher and possibly drier than section 1, A number of indigenous features and artifacts along this ancient aboriginal pathway. Please indicate interest to receive update. Dates may vary slightly.
Fri 26 Mar	3	BUSHWALK: MADDEN PLAINS TO MOUNT MITCHELL Walk the Forest Track on top of the Illawarra Escarpment from Maddens Plains to Mount Mitchell (overlooking Stanwell Park). Spectacular views and an interesting undulating track that meanders through changing scenery. 14 km, including return walk to cars.
Fri 26 - Sun 27 Mar	3	CABIN CAMP GETAWAY Jervis Bay Getaway-Hidden Creek Campsite Staying 2 nights in cabins and doing day walks in the local area. Limited number of cabins- so get in quick to come on this trip.
Sat 27 Mar	4	BUSHWALK- MACQUARIE PASS NAT PARK From the base of Macquarie Pass to Rainbow Falls, returning partly via a side creek off Clover Hills Road. Map Robertson
Sun 28 Mar	3	CYCLE- TEMPE to DRUMMOYNE Ride to Drummoyne About 45 km. Tempe to Rozelle and Drummoyne and the Bay Ride via cycleways and quiet roads. Returning to Tempe via the Greenway on cycleway and quiet(ish) roads through Dulwich Hill and Marrickville.
Mon 29 Mar	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Wed 31 Mar	4	BLUE MOUNTAINS BUSHWALK The Barnacles – From the Bells Line of Road, follow a series of ridges to The Barnacles. Descend and cross the Wollangambie River and make our way to Dargan. 60-70% off track - 14km Map: 1:25 000 MOUNT WILSON

Wed 31 Mar	GENERAL MEETING Sutherland Community Centre , Stapleton Ave Sutherland 7pm
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Advance Notices

Sun 18 Apr to Sun 24 Apr	1,2, 3	VICTORIAN ALPS – BRIGHT A week in the beautiful town of Bright in the Victorian Alps. There are walks, the famous rail trails for cycling, quaint historic towns, golf courses and autumn colours. Cost is \$100 per night per room. Contact me for details.
May/ June 2021 (4 weeks)		NORTH-WEST WESTERN AUSTRALIA Kununurra - Broome, then Karijini National Park and Exmouth (to swim with the whale sharks). Currently discussing with various 4WD organisations in WA for price and number of participants.
14 or 15 Sep		HEYSEN TRAIL – V - 2021 – TRIP 5 - BUSHWALKING Start 14 or 15 September 2021 for 23 days including travel To & From S.A. Using the same plan as that developed for 2020 which was cancelled due to COVID19 & border closures. In 2021 we intend to continue south, doing day walks to cover 200 km, through the best scenery of the Lofty Ranges to the east of Adelaide suburban areas. This is an all accommodation trip staying in 3 locations & encompasses days off for sightseeing as we pass through or close to Tanunda, Mt Lofty, Hahndorf, etc. Please contact me if you would like to participate.
Tue 28 Sep to Sun 3 Oct 2021	3/4	PACK HIKING- JATBULA TRAIL NT Nitmiluk (KatherineGorge) to Leliyn (61km over 6 days starting early to avoid the heat and camping at beautiful wild swimming holes / water every night. Rich in cultural history and amazing remote scenery, this is an experience you'll never forget. Extra time spent in the area prior to the walk. WAIT LIST ONLY

FOR INFORMATION ABOUT ACTIVITIES IN THIS PROGRAM

SEND AN EMAIL TO: info@sutherlandbushwalkers.org.au

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