



PROGRAM

October – November – December 2021



**Butterbox Point Track Blue Mts 15 May 2021
Photo courtesy of Anne Brownlee**

**PO BOX 250 SUTHERLAND NSW 1499
ABN 28 780 135 294**

<http://www.sutherlandbushwalkers.org.au>

INTRODUCTION

Sutherland Bushwalkers Club provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 350 members. The club meets on the last Wednesday of each month (except Jan and Dec) at the Sutherland Council Stapleton Avenue Community Centre, cnr. Stapleton Ave & Belmont St, Sutherland at **7.00 pm**. For membership enquiries and/or further information, see the club's website or email us at **info@sutherlandbushwalkers.org.au**

BOOKINGS

It is imperative that bookings are made directly with the Activity Organiser. At least 4 days' notice for one-day activities and 10 days for o/night activities should be given if you wish to participate. Frequently there is a limit on the number of people, so it is best to book early. Visitors are welcome on activities if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting and departing cannot be extended to wait for those who are late. If you find that you are not able to attend, please advise the Activity Organiser immediately. This may allow another person to attend when numbers are limited.

TRANSPORT

Car pooling is an option and the costs are shared between the passengers. The following formula is suggested: calculate contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver, and share equally any additional costs, eg entrance fees, road tolls etc.

GRADES

One day walks: Start with a Grade 1 or grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some experience.

O/night walks: These require more experience and fitness than day walks of an equivalent grade so try some day walks of a higher grade before attempting an o/night walk.

All activities: Grading is subjective and cannot take into account all possible factors so if you are uncertain about the grade, the experience and fitness required or the terrain, ask for advice. Club activities are generally graded on a scale of 1 to 6: **On an activity Graded 4 or above you could encounter off track sections and/or exposed areas at any time. Some activities come with more risk than others. An Activity Organiser may exclude any participant who may have difficulty completing the planned activity.**

Easy (1) Opportunity for large number of walkers, including those with reduced walking ability to walk on well-marked and even tracks. Tracks are man-made and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Easy/Medium (2) Easy walk, mostly on tracks of low gradient. Opportunity to walk easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed 15 km.

Medium (3) Some hilly sections &/or rougher terrain. Opportunity to walk on defined and distinct tracks, with some steep sections you will require a reasonable level of fitness. Distance should not exceed 20 km.

Medium/Hard (4) Steeper, rougher terrain & may have off-track sections (up to 50% or more, depending on terrain) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments, mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Activity Organisers should have map reading abilities and/or the ability to use a compass. Distance depends on circumstances. Not suitable for beginners.

Hard (5-6) Strenuous walking over difficult terrain, much of which can be unfamiliar. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

The descriptions above refer only to bushwalking trips. Where these grades are applied to other activities (eg cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our web site.

SAFE BUSHWALKING, SEARCH AND RESCUE

Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLB's are used for serious emergencies or life-threatening situations.

In the event of being lost or a medical incident first call is to **Emergency services on Triple Zero 000** The Emergency Services will initiate [NSW SES BSAR \(NSW SES Bush Search and Rescue\)](#), which is a specialist unit of the SES, if required.

Handy App for All: The Smartphone App **Emergency +** uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. **Emergency+** also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the

most appropriate number.

TRIP REPORT

All Activity Organisers must complete a Trip Report and a Risk Waiver form for the activity. Forms can be downloaded from the Club's website. These must be sent to the Club Secretary (address on form) in a timely manner after the activity.

EQUIPMENT

On camping activities provide your own camping equipment or arrange to share. Activity Organisers will advise on required equipment. Beginners are advised not to buy expensive equipment without advice. Club equipment including camping gear, backpacks and safety equipment are available for loan. For further information on equipment contact the Equipment Officer (contact details at the end of the program). The club has two personal locator beacons (PLB) for use on activities. PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices.

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

1	Please adhere to all the current club COVID-19 guidelines available via our website homepage.
2	Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip.
3	Carry sufficient water for conditions of the trip – generally a minimum of 1 or 2 litres, or more in hotter conditions.
4	Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is delayed due to unforeseen circumstances), rain gear, whistle, torch & appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities, such as cycling, require special equipment, eg bright clothing, helmet, pump, spare tube & tools.
5	Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
6	You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
7	Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, leave your pack on the track to indicate your intentions.
8	Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
9	Do not proceed past track junctions until advised to do so.
10	Do not fall behind the person appointed "tail" for any reason without advising the "tail".
11	Ensure the Activity Organiser is aware that you have made it to the end of the activity.
12	Ensure all vehicles start before leaving for home.
13	Thank the Activity Organiser & bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
14	All participants share responsibility (or are prepared to) for the orderly conduct and safety of any club activity in which they participate. This extends to helping others in an emergency. Peer activities are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All kayaking and canoeing activities are peer activities.

NEW ACTIVITY ORGANISERS, NEW ACTIVITIES AND THE NEXT PROGRAM

We are always in need of more Activity Organisers, new activities and new ideas. If you have any suggestions or would like to contribute to the program, contact the Program Secretary

The program activities can also be viewed in the members area of the club website. For security purposes names and phone numbers are deleted on the public version.

PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Post Trip Incident Report section of the Trip Report.

Lodging a claim: information and forms are available from
<http://www.bushwalkingaustralia.org/insurance/accident-insurance>

FOR INFORMATION ON ACTIVITIES LISTED IN THIS PROGRAM
SEND AN EMAIL TO: info@sutherlandbushwalkers.org.au

OCTOBER 2021

Sun 3 Oct	3	CYCLE- RIDE TO DRUMMOYNE Tempe to Rozelle and Drummoyne and the Bay Ride via cycleways and quiet roads. Returning to Tempe via the Greenway on cycleway and quiet(ish) roads through Dulwich Hill and Marrickville. About 30 km
Wed 6 Oct	4	BLUE MOUNTAINS BUSHWALK Perrys Lookdown, Blue Gum Forest, Du Faur Head, Lockley Pylon , Mount Stead, The Pinnacles – 10km - 600m steep descent followed by steep ascent Maps: 1:25 000 KATOOMBA & MOUNT WILSON
Thur 7 Oct	3	BUSHWALK- ROYAL NAT PARK Grays Point to Audley along Hacking river. Up Robertson Knoll then Uloola track to Wattle forest. Return via Audley, Bridle track and Bungoona path to Grays Point. Approx 10-11km.
Thur 7 Oct	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Sun 10 to Mon 25 Oct		BUSHWALKING- HEYSEN TRAIL V- STH AUSTRALIA Day walks to cover 200 km, through the best scenery of the Lofty Ranges to the east of Adelaide suburban areas. THIS TRIP IS FULLY BOOKED
Sun 10 Oct to Wed 13 Oct	4	FULL PACK WALK – BARRINGTON TOPS This is a three day/two night sweep from east to west through the Barrington Tops Wilderness area. It includes the Mountaineer Trail, Gloucester Tops and Carey's Peak, and finishes at Lagoon Pinch. Camping will require tents and, good cold and wet weather gear. Steep ascents and descents, all on trails/tracks; approx. 42km. The trip is FULLY BOOKED
Sun 10 Oct	3	CYCLE- RIDE TO BONDI JCT/CENTENNIAL PARK A (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways. About 40km
Sun 10 Oct	3	BUSHWALKING - ILLAWONG A good 'exercise' walk (some ups and downs), mostly on pleasant bush tracks with great views of two local rivers. Interesting history - ferries and punt, remnants of the road to the Illawarra. Fairly steep descent to creek on a rocky track. 10 km.
Wed 13 Oct	3	BLUE MOUNTAINS BUSHWALK Burra Korain Head – A ridge top walk with some sections of rough & indistinct track. With great views of the Grose Valley from the Head Approx 12km Map: 1:25 000 MOUNT WILSON
Thur 14 Oct	2	URBAN WALK Meet at Gynea and walk to Sir Joseph Banks Native Garden to see what's flowing in spring. We will walk to the top entrance and explore garden then leave by Bates Drive Exit. Return to Gynea and possibly explore recent exhibition at Hazelhurst.
Fri 15 Oct	4	BUSHWALK- WATERFALL WANDER Loftus to Engadine. Four waterfalls on a walk from Loftus to Engadine. Mostly on well defined tracks in the Temptation Creek area, starting with Savilles and Temptation Creeks. This is followed by some off-track walking to get to Horseshoe Falls on Engadine Creek then on to Engadine Falls. 14-15km
Sun 17 Oct	3	BUSHWALK -ROYAL NATIONAL PARK Toonoum Brook. This is a short off track walk requiring some scrambling. Leaving from Toonoum Falls Carpark, walking and clambering down the brook to intersect with Wallumarra Track to Lady Carrington Drive southern Carpark.

Sun 17 Oct	3	CYCLE- RIDE TO RIVERWOOD WETLANDS Tempe to Riverwood wetlands via dedicated cycleway and quiet back streets. Then on through Riverwood to Oatley and across the bridge back into the Shire. About 40 km
Wed 20 Oct	4	BLUE MOUNTAINS BUSHWALK Mount Solitary – Descend the Golden Stairs, then follow the Federal Pass Track to Cedar Gap, Korrowall Knife Edge, Mt Solitary, then Chinamans Gap/Gully. Steep ascents and descents. Some rock scrambling with Mild exposure Approx 15 Km Map: 1:25 000 KATOOMBA & JAMISON
Thur 21 Oct	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Thur 21 Oct	4	BUSHWALK- FORBES CREEK LOOP VIA WORONORA HEIGHTS LOOKOUT A pretty walk along the creek down to the river, a chance for a coffee & cake at the boathouse before returning via Woronora Heights lookout. Mostly bushwalk, some firetrail and a short road walk. Some steep sections both up and down, and some agility required. Approx 14km.
Fri 22 Oct	3	CYCLE- PADSTOW to PADSTOW LOOP Padstow - East Hills - Villawood - Parramatta - Parramatta River Cycleway - Olympic Park Wharf - Bicentennial Park - Cooks River Cycleway - Earlwood - M5 Cycleway - Padstow. Mainly cycle paths with some quiet roads, a few hills, not that challenging . A couple of stops along the way. Option to exit at Ferry , Parramatta and Sydney Olympic wharf. Approx 70km. Meet 8:15 am for 8:30am start at carpark at the end of Meager Ave, Padstow
Sat 23- Sun 24 Oct	4	FULL PACK WALK- MEGALONG VALLEY(1 night) Leaving Dunphy's camping ground, walking down Carlons Creek and Breakfast Creek camping on Coxs River. Walk up the Cox then back to Megalong on the Six Foot Track finishing at the old cemetery. Approx 20 km Car shuffle required.
Sun 24 Oct	3	CYCLE- RIDE TO PYRMONT AND BARANGAROO Tempe to Pyrmont, Barangaroo and Walsh Bay for morning tea at one or the other place. Returning to Tempe via the fish markets, Redfern and Sydney Park. Some road riding but fairly safe and quiet. About 40 km
Wed 27 Oct	4	BLUE MOUNTAINS BUSHWALK Leura Area – The Pinnacles, Mount Stead, Lockleys Pylon, Du Faur Head & return 8-9km Map: 1:25 000 KATOOMBA & MT WILSON
Wed 27 Oct	GENERAL MEETING Sutherland Community Centre , Stapleton Ave Sutherland 7pm. Speaker to be confirmed in an alert	

Thur 28 Oct	3/4	BUSHWALK- WORONORA HEIGHTS LOOP VIA WINNELS WANDER AND THE NEEDLES. Start at WH, follow the firetrail until we descend to the Woronora River. Follow Winnels Wander up to the back of Lucas Heights before following the Old Illawarra Rd track to the Needles and back to WH. About half bushwalk, half firetrail. Some steep sections and some agility required. Approx 10km.
Fri 29 Oct	3	CYCLE – LAKE ILLAWARRA/SHELLHARBOUR Around the lake with maybe a Shellharbour detour. Mainly on cycleways with a bit of road riding. Start will be Dapto or Wollongong TBD. Always wise to BYO morning tea and lunch. PLEASE DO NOT BOOK IN ANY EARLIER THEN 2 WEEKS BEFORE.
Sat 30 Oct	3	BUSHWALKING - HODDLES TRACK KIAMA Walk from Saddleback Mountain Kiama up to the escarpment and back. Hoddle developed this bridle track from Kiama to Bong Bong to enable produce from Kiama to be sent to the Southern Highlands and Sydney in 1830. The remnants of this track go down the "saddle" and up the "back" to the escarpment....and nowadays stops there. 8km there and back, some steep sections (gravel fire trail at the start and end needs caution).250m up and down. Panoramic views up and down the coast. Good lookouts at the start. Can pick up some from Kiama Station.

Sun 31 Oct	3	CYCLE- FOUR BRIDGES IN AND OUT OF THE SHIRE Como to Menai, Alfords Point bridge, Salt Pan Creek and then through Oatley and over Como bridge to return. Not for the faint hearted, this is fairly taxing. About 40km
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NOVEMBER 2021

Wed 3 Nov	4	BLUE MOUNTAINS BUSHWALK Wentworth Falls & Valley of the Waters – Descending at Wentworth Falls, National Pass, Slack Stairs, Wentworth Pass Track then Valley of Waters, returning via Cliff Top Track. Approx 460m ascent/descent (including metal stairs) Approx 14Km Map 1:25 000 KATOOMBA
Wed 3 Nov	3	BUSHWALK - ROYAL NATIONAL PARK A loop walk from Audley following the Uloola, Karloo, Bottle Forest and Engadine tracks. A variety of forest and creek views with a couple of steep ascents. 13Km.
Thur 4 Nov	3/4	BUSHWALK- ROYAL NATIONAL PARK Engadine Track, Robertsons Knoll, Uloola Track, Karloo pool loop. Beginning and ending at East Heathcote, walking some of the better known tracks in the RNP. Just over 14km.
Thur 4 Nov to Sun 7 Nov	3	CANBERRA- CYCLING Alix Palmer will lead two one day rides -Fri 5th: 44km ride on cycle paths in North Canberra, returning via Lake Burley Griffin.Sat 6th: 40km ride starting at Stromlo Forest Park, cycling the Uriarra Loop on quiet country roads. Book your own style of accommodation directly with Alivio Tourist Park for three nights, from Thurs night, checking out Sun, or whatever suits. WAIT LIST ONLY
Sat 6 Nov	3	BUSHWALK- ROYAL NAT PARK Meet at Audley and walk-up Robinsons Knoll track, (a steep climb) then head north along to Uloola track return to Audley via Wattle Forest.
Mon 8 Nov	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Wed 10 Nov	4	BLUE MOUNTAINS BUSHWALK Wollangambe Crater - Follow various ridges from near Bell Station. Spot height 994 (Centre of Universe Pagoda) provides extensive views of the area. Some indistinct and rough sections of track. Cross the Wollangambe River to the Crater. 18km Map: 1:25 000 WOLLANGAMBE
Sat 13 Nov	3	BUSHWALK- ENGADINE TO JANNALI A walk in bushland, linking up a number of Reserves via Loftus Creek, Woronora, Burnum Burnum and The Glen Reserve. This is a one-way walk. Bring morning tea and lunch, water refill is available at Burnum Burnum. PLEASE DO NOT BOOK IN ANY EARLIER THEN 2 WEEKS BEFORE.
Sat 13 Nov	3	BUSHWALK- BEROWRA VALLEY NATIONAL PARK Thornleigh to Hornsby via the Great North Walk. From Thornleigh station we walk to the Benowie walking track then follow the Great North Walk to Hornsby station. Creek crossings, fern and eucalypt forests and lunch at Fishponds waterhole before the steep climb up the Depression steps. A medium paced 11.5 km with 150m climbs. Map: Hornsby.
Sun 14 Nov	3	CYCLE- SAILING CLUB TAREN POINT TO DULWICH HILL Another fairly flat ride around Botany Bay and then Cooks River cycleway up to Dulwich Hill for morning tea. About 45km
Mon 15- Fri 19 Nov 2021	4	FULL PACK HIKE- KOSCIUSZKO NAT PARK Mt Jagungal - overnight pack walk. 5 days away from Sydney. Walk three days and camp two nights - 42km (ascents and descents approx. 1,550m each way) on tracks and trails. Need to carry a tent and cold/wet weather gear. The trip is FULLY BOOKED
Wed 17 Nov	4	BUSHWALK- ROYAL NATIONAL PARK Loftus Oval, steep off track descent to Engadine Creek, Horseshoe Falls, Kangaroo Creek, Robertson Knoll, Audley then return to Loftus Oval via the Bridle Track.12 km

Wed 17 Nov	4	BLUE MOUNTAINS BUSHWALK Rigby Hill to Wongara Hill via Hugerfords & Wongarra Gullies. 70% off track with steep ascents & descents. Approx 10km Map: 1:25 000 MOUNT WILSON
Thur 18 Nov	3	BUSHWALK – ROYAL NATIONAL PARK Bundeena Drive to Little Marley via Deer Pool. A short (8ks), easy and leisurely walk with beautiful views. Swimming if the weather is good and the walk can be longer if people wish.
Sat 20 Nov	3	URBAN WALK- HYDE PARK TO PYRMONT Meet at Museum Station and walk to Fish Market Light Rail via Hyde Park, Botanic Gardens, Circular Quay, The Rocks, Barangaroo Reserve, Darling Harbour and Pyrmont 12km
Sun 21 Nov	3	CYCLE- RIDE TO DRUMMOYNE Tempe to Rozelle and Drummoyne and the Bay Ride via cycleways and quiet roads. Returning to Tempe via the Greenway on cycleway and quiet(ish) roads through Dulwich Hill and Marrickville. About 30km
Sun 21 Nov	4	BUSHWALK– DHARAWAL NATIONAL PARK Exploration of the western end of O'Hares Creek from Maddens Waterfall eastward. We are likely to need to walk in or frequently cross the creek, please ensure your pack is waterproof. Returning to cars via a firetrail. Bring your swimmers, hopefully we will have good weather and be able to enjoy the creek with a swim or two.
Mon 22 Nov	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Wed 24 Nov	4	BLUE MOUNTAINS BUSHWALK Dalpura Canyon & Ridge – Follow the exit route of the canyon to explore the end reaches, then skirt the waterfall and proceed off track to ascend a break in the cliff line of the Grose Valley onto Dalpura Ridge - Approx 8km Map: 1:25 000 MOUNT WILSON

Wed 24 Nov	GENERAL MEETING Sutherland Community Centre , Stapleton Ave Sutherland 7pm. Speaker to be confirmed in an alert	
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Thur 25 Nov	3	BUSHWALK- HELENSBURG TO OTFORD Burgh to Otford the long way. This walk will follow local tracks round the back of Helensburgh from the train station, though to the old Lilyvale station and on to Otford. Some sections of the Burgh and Lilyvale tracks will be used and a few train tunnels will be visited as well (a small torch might be handy). 13km
Fri 26 Nov	4	BUSHWALKING- LOFTUS TO BUNDEENA Meet at Loftus Station and walk across the RNP to Bundeena via the Honeymoon Steps, Winifred Falls, Anice Falls and Maianbar. Then catch the ferry from Bundeena back to Cronulla 19km
Sat 27 Nov	3	URBAN WALK- HYDE PARK TO PYRMONT Meet at Museum Station and walk to Fish Market Light Rail via Hyde Park, Botanic Gardens, Circular Quay, The Rocks, Barangaroo Reserve, Darling Harbour and Pyrmont 12km
Sun 28 Nov	3	CYCLE- RIDE TO BONDI JCT/CENTENNIAL PARK A (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways. About 40km

DECEMBER 2021

Wed 1 Dec	4	BLUE MOUNTAINS BUSHWALK Victoria Brook – descend a ridge to the Long Undercut on the Brook, then proceed down to a Waterfall and ascend thru a break in the cliff line some 100m further down the Brook. 70% off track with steep descent/ascent and wet feet guaranteed Approx 8 km Map: 1:25 000 MOUNT WILSON
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Wed 1 Dec	3/4	BUSHWALK - ROYAL NATIONAL PARK A loop walk from Helensburgh following the Burgh, Lilyvale and Garrawarra tracks. A variety of forest and creek views, a short section of off track and a creek crossing with a couple of steep ascents. 16 Km
Thur 2 Dec	4	BUSHWALK- ROYAL NATIONAL PARK Swimming holes of Kangaroo Creek. With the weather warm enough for a swim, I thought it might be time for a walk with a couple of quick dips to cool off. Kangaroo Creek is well known for the swimming holes along its length and I want to look for all of them. Generally fairly easy walking with a few scrambles over rocks and trees for most of the walk but a bit of off-track to see some more remote parts of the creek. Unfortunately as always, uphill on the way out! 15-16km
Thur 2 Dec	2	COASTAL WALK – SCARBOROUGH TO THIRROUL A relaxed walk along roads and beaches from Scarborough to Thirroul, stopping for a swim or two.
Sat 4 Dec		FREE XMAS BREAKFAST - Wattle Forest Picnic Area. Turn Right over Varney bridge then follow the river upstream. From 7.30am. BBQ breakfast or cereal, coffee, tea supplied. Bring a chair. It's a great chance to catch up with old and new friends and talk about the years events & non-events. Always a fun morning. Covid restriction dependant.
Mon 6 Dec	3	KAYAK- LOCAL WATERWAYS Meet at various places in the shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity.
Tue 7 Dec	3/4	BUSHWALK- ROYAL NATIONAL PARK A loop walk from Grays Point via Temptation Creek, Bridle track to Audley, Robertson Knoll and Reids Flat. Includes a short stretch off track and a couple of climbs to get your heart pumping. Lunch by the river so bring your cossie if the weather is nice about 13km
Wed 8 Dec	4	BLUE MOUNTAINS BUSHWALK Grand Canyon Loop – from Govetts Leap. Braeside Walk Neates Glen,, Grand Canyon, Evans Lookout, Cliff top track back to Govetts Leap Map: 1:25 000 KATOOMBA Approx 10-12Km
Fri 10 Dec	3	BUSH/ BEACH WALK- Kurnell to Cronulla We catch the bus out to Kurnell and walk through Kamay National Park along with the cliff tops, visit the Lighthouse, Boat Harbour and then along the beach and sandhills back to Cronulla. About 15km
Sun 12 Dec	3	BUSHWALKING- Rusden Head, Budawangs This walk is in the Little Forest Plateau accessed by a road off the Pacific Hwy just before Lake Conjola & Milton. The walk is about 10km+, and is a "level" return walk. The walk traverses bushfire burnt scrub showing signs of recovery, and ends at one of the best views of Pigeon House Mountain and surrounding gorges. The track is an old fire trail, with some very boggy sections - not good after rain. Walk will take 3-4 hrs. A bit of a drive from Sutherland, but well worth it!
Wed 15 Dec	3	BUSHWALK- HISTORIC INTEREST WALK Waterfall to Helensburgh via old culverts and tunnels built in 1880 and abandoned in 1920. Return to Waterfall by train. Expect to get wet feet. 11 km
Wed 15 Dec	4	BLUE MOUNTAINS BUSHWALK Follow an unnamed creek between Wongarra Hill and Oranga Ridge. Turn up Oranga Gully to ascend Oranga Ridge. Follow the ridge to the Grose Valley then return to Bells Line of Road, Wet feet and rock scrambling - mostly off track, Approx 7km Map: 1:25 000 MOUNT WILSON
Fri 17 Dec	3	BUSHWALK- SHOALHAVEN AREA Walk 1-Bangalee Reserve on the banks of the Shoalhaven River. 1850's pioneer ruins and graves. 5km circuit Walk 2- Ben's walk-South side of the river on Nowra Creek- Sandstone overhangs and great views 3km circuit

Sun 19 Dec	4	BUSHWALK – HEATHCOTE NATIONAL PARK Walking from Sarah’s Knob carpark to Friarbird Pool, followed by an off track section to Boobera Pool. Very classy swimming pool, plan for a swim. On track walk back to our cars.
Tue 21 Dec	3	KAYAKING - MINNAMURRA RIVER - Join us on this beautiful paddle on a high tide, enabling us to explore the stunning side creeks through the magic mangroves. Lunch on a beach, with a walk through to the ocean, makes for a great day. PFD's compulsory. This is a peer activity.
Wed 22 Dec	3	BLUE MOUNTAINS BUSHWALK Burra Korain Head – A ridge top walk with some sections of rough & indistinct track. With great views of the Grose Valley from the Head. Approx 12km Map: 1:25 000 MOUNT WILSON
Wed 29 Dec	4	BLUE MOUNTAINS BUSHWALK Mine Adit on Victoria Creek. – descend from Burra Korain Ridge through the cliff line to the mine. Then to the intersection with Victoria Brook. Locate a slot in the cliff line to exit the creek.. Very steep descents & ascents 70% off track Approx 8 km Map: 1:25 000 MOUNT WILSON

ADVANCE NOTICES

Sun Jan 30 to Sun 6 Feb 2022	2,3, 4	KOSCIUSZKO NP - ALPINE WALKS - Pygmy Possum Lodge, Charlottes Pass Our annual week of alpine walking activities based at Pygmy Possum Lodge. Walks each day & possibly an overnight walk for those interested. Room rates - Couple \$634, Twin share \$317 each, Single \$413. Rooms have en-suites and meals are self catering. TRIP FULL- WAIT LIST ONLY
Sun 30 Jan 2022	3	FULL PACK HIKE- Kosciuszko Nat Park Part of the Charlotte Pass week. Overnight walk in the area. Day to be determined by the weather. One night under the stars. Great for people new to backpacking who want to try it out. Most equipment is available to borrow from the club.
26 Feb to 26 Mar 2022	3/4	HIKING AND BIKE RIDE - NEW ZEALAND Rakiura Track, Stewart Island, Queen Charlotte Track, Marlborough Sound & A2O bike ride. THIS TRIP IS FULLY BOOKED
7 to 26 Aug 2022	3	PERTH TO PERTH - PILBARA CORAL COAST Karijini National Park, Mt Augusta, Kennedy Ranges, Ningaloo, Whale watching (if whales present), Exmouth, Coral Bay, Hamelin Bay, Kalbarri, Dongara. With Kimberley Safari Tours (\$250/ day - \$5000). WAIT LIST ONLY
July /Aug 2023		ORKNEY ISLANDS, SCOTLAND. Orkney Islands, Scotland. This 10-day customised tour, starts and finishes in Inverness. From Inverness we catch train and then an overnight ferry to Kirkwall in the Orkney Islands in the north of Scotland for a customised series of day walks over 8 days run by a tour company. The total tour cost is £1920 per person, and includes a guide, accommodation, most meals, transport and taxes. This walk/tour will have a limit of 8. Contact Michele Howie for more detailed information on. ADD NAME TO WAIT LIST ONLY
Aug 2023	3/4	FORTH OF FIFE- SCOTLAND Forth of Fife. This walk along the Fife coastal path begins near Edinburgh. The Forth of Fife walk is about 190km, done over 12 days (16km/day) with one rest/sightseeing day and there are baggage transfer services available. This is not a guided tour and you will be paying for the usual accommodation, food drink etc. The cost of baggage transfer and accommodation is estimated at £1000. This walk will have a limit of 8. ADD NAME TO WAIT LIST ONLY. https://www.walkhighlands.co.uk/fife-stirling/fife-coastal-path.shtml
Aug /Sep 2023	3/4	OFFA'S DYKE. Offa's Dyke. This historic 19-day walk starts by heading north along the border between Wales and England, starting near Cardiff and ending near Liverpool. This is about 290km

	<p>(about 18km/day)+ 3 rest/sightseeing days thrown in. We will be staying in a range of accommodation. This is not a guided tour and you will be paying for the usual accommodation, food drink etc. The cost of baggage transfer and accommodation for the 19 days is estimated at £1200. This walk will have a limit of 8. https://www.nationaltrail.co.uk/en_GB/trails/offas-dyke-path/ ADD NAME TO WAIT LIST ONLY</p>
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<p><u>FOR INFORMATION ON ACTIVITIES LISTED IN THIS PROGRAM</u> SEND AN EMAIL TO: info@sutherlandbushwalkers.org.au</p>
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