

Bushwalking Gear

The checklist below is a basic guide only. The selection of items and the quantities to be used will be influenced by the type and scope of the activity, the locality, duration, season and predicted weather conditions.

It is suggested that a small separate kit of clean clothes and footwear, a towel and a large plastic bag for dirty gear is left in the car for a clean-up and a change after a walk. This is appreciated by the car owner and also contributes to a more comfortable ride home.

On hard or exploratory one-day or overnight bushwalks, each person should be sufficiently equipped to operate independently.

Gear	Easy-Medium One-Day Bushwalking	Easy-Medium Overnight Bushwalking	Hard or Exploratory One-Day Bushwalking	Hard or Exploratory Overnight Bushwalking
Backpack	Day pack:25-35 litres	Day pack:60-80 litres strong plastic liner maybe strong plastic bag for floating	Day pack:25-35 litres	Day pack:60-80 litres strong plastic liner maybe strong plastic bag for floating
Clothing	shorts (or long pants) shirt wide brimmed hat, etc	shorts (or long pants) shirt wide brimmed hat, etc	shorts (or long pants) shirt wide brimmed hat, etc	shorts (or long pants) shirt wide brimmed hat, etc
Wet Gear	waterproof jacket (thigh knee length)	waterproof jacket (thigh knee length) waterproof overpants	waterproof jacket (thigh knee length)	waterproof jacket (thigh knee length) waterproof overpants
Footwear	volleys, joggers or boots	volleys, joggers or boots	volleys, joggers or boots	volleys, joggers or boots
Warm Gear	wools or thermals, beanie, gloves	wools or thermals, beanie, gloves	wools or thermals, beanie, gloves	wools or thermals, beanie, gloves
First Aid Kit	compact and functional	compact and functional	compact and functional	compact and functional
Water Container	1 litre	1 litre bottle, 4 litre cask bag or waterbag	1 litre	1 litre bottle, 4 litre cask bag or waterbag
Fire Gear	lighter or waterproof matches	lighter or waterproof matches fuel and light weight stove or fuel paste or tablets	lighter or waterproof matches fuel paste or tablets	lighter or waterproof matches fuel and light weight stove or fuel paste or tablets
Auxillary Bits	whistle, rubbish bag, small torch with new batteries	whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife	plastic covered map, compass, whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife	whistle, rubbish bag, headlamp torch with new and spare batteries and globe, penknife
Personal Bits	any required medication, sun block, insect lotion	any required medication, sun block, insect lotion, small drying towel, toilet gear	any required medication, sun block, insect lotion	any required medication, sun block, insect lotion, small drying towel, toilet gear
Food	biscuits, sandwiches, fruit + spare amount of extras for emergencies	lightweight and satisfying, easy to prepare lunches some light and compact food for emergencies	biscuits, sandwiches, fruit + spare amount of extras for emergencies	lightweight and satisfying, easy to prepare lunches some light and compact food for emergencies
Food Gear	X	knife, fork, spoon, plate/bowl, mug, lightweight saucepan or billy, small	X	knife, fork, spoon, plate/bowl, mug, lightweight saucepan or billy, small

Gear	Easy-Medium One-Day Bushwalking	Easy-Medium Overnight Bushwalking	Hard or Exploratory One-Day Bushwalking	Hard or Exploratory Overnight Bushwalking
		cleaning scourer		cleaning scourer
Optionals	Camera, binoculars, gaiters, map, compass, webbing tape, swimming costume, small towel	Extra clothing, camera, binoculars, gaiters, map, compass, map, compass, webbing tape, swimming costume, small towel	Camera, binoculars, gaiters,	Extra clothing, camera, binoculars, gaiters, map, compass, map, compass, webbing tape, costume, small towel
Shelter	X	Flysheet or tent Lightweight and waterproof ground sheet	X	Flysheet or tent Lightweight and waterproof ground sheet
Bedding	X	Self inflating air bed or closed cell mat Down fill sleeping bag Inner sheet	X	Self inflating air bed or closed cell mat Down fill sleeping bag Inner sheet
Abseil Gear	X	X	Two 3m-5m lengths webbing tape 2 small oval or D karabiners (+ piton) or mini rack	2 small oval or D karabiners (+ piton) or mini rack abseiling gear and rock-rope equipment may be required)
Group Gear (Leader responsibility)	Map, compass, webbing tape or hand line	Map, compass, webbing tape or hand line	Handline, rigging tapes, waterbag	Handline, rigging tapes