



PROGRAM

January – February – March 2023



Kanangra Walls 11 November 2022
Photo courtesy Shaune Walsh

PO BOX 250 SUTHERLAND NSW 1499
ABN 28 780 135 294

<http://www.sutherlandbushwalkers.org.au>

INTRODUCTION

Sutherland Bushwalkers Club provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 300 members. The club meets on the last Wednesday of each month (except Jan and Dec) at the Sutherland Council Stapleton Avenue Community Centre, cnr. Stapleton Ave & Belmont St, Sutherland at **7.00 pm**. For membership enquiries and/or further information, see the club's website, email us at info@sutherlandbushwalkers.org.au, or write to us at our post office box.

BOOKINGS

It is imperative that bookings are made directly with the Activity Organiser. At least 4 days' notice for one-day activities and 10 days for o/night activities should be given if you wish to participate. Frequently there is a limit on the number of people, so it is best to book early. Visitors are welcome on activities if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting and departing cannot be extended to wait for those who are late. If you find that you are not able to attend, please advise the Activity Organiser **immediately**. This may allow another person to attend when numbers are limited.

TRANSPORT

Car pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested for sharing transport costs: calculate contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver, and share equally any additional costs, eg entrance fees, road tolls etc.

GRADES

One day walks: Start with a Grade 1 or grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some experience.

O/night walks: These require more experience and fitness than day walks of an equivalent grade so try some day walks of a higher grade before attempting an o/night walk.

All activities: Grading is subjective and cannot take into account all possible factors so if you are uncertain about the grade, the experience and fitness required or the terrain, ask for advice. Club activities are generally graded on a scale of 1 to 6: **On an activity Graded 4 or above you could encounter off track sections and/or exposed areas at any time. Some activities come with more risk than others. An Activity Organiser may exclude any participant who may have difficulty completing the planned activity.**

Easy (1) Opportunity for large number of walkers, including those with reduced walking ability to walk on well-marked and even tracks. Tracks are man-made and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Easy/Medium (2) Easy walk, mostly on tracks of low gradient. Opportunity to walk easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed 15 km.

Medium (3) Some hilly sections &/or rougher terrain. Opportunity to walk on defined and distinct tracks, with some steep sections you will require a reasonable level of fitness. Distance should not exceed 20 km.

Medium/Hard (4) Steeper, rougher terrain & may have off-track sections (up to 50% or more, depending on terrain) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments, mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Activity Organisers should have map reading abilities and/or the ability to use a compass. Distance depends on circumstances. Not suitable for beginners.

Hard (5-6) Strenuous walking over difficult terrain, much of which can be unfamiliar. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

The descriptions above refer only to bushwalking trips. Where these grades are applied to other activities (eg cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our web site.

SAFE BUSHWALKING, SEARCH AND RESCUE

Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLB's are used for serious emergencies or life-threatening situations.

In the event of being lost or a medical incident first call is to **Emergency services on Triple Zero 000** The Emergency Services will initiate [NSW SES BSAR \(NSW SES Bush Search and Rescue\)](#), which is a specialist unit of the SES, if required.

Handy App for All: The **Smartphone App *Emergency +*** uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency+* also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

TRIP REPORT

All Activity Organisers must complete a Trip Report and a Risk Waiver form for the activity. Forms can be downloaded from the Club's website. These must be sent to the Club Secretary (address on form) in a timely manner after the activity.

EQUIPMENT

On camping activities provide your own camping equipment or arrange to share. Activity Organisers will advise on required equipment. Beginners are advised not to buy expensive equipment without advice. Club equipment, including camping gear, backpacks, safety equipment and some maps, is available for loan. At least 14 days' notice should be given if you wish to borrow any equipment. For further information on equipment, contact the Equipment Officer (contact details on page 11). The club has two personal locator beacons (PLB) for use on activities. PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices.

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

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| 1 | Please adhere to all the current club COVID-19 guidelines available via our website homepage. |
| 2 | Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. |
| 3 | Carry sufficient water for conditions of the trip – generally a minimum of 1 or 2 litres, or more in hotter conditions. |
| 4 | Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is delayed due to unforeseen circumstances), rain gear, whistle, torch & appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities, such as cycling, require special equipment, eg bright clothing, helmet, pump, spare tube & tools. |
| 5 | Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group. |
| 6 | You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you. |
| 7 | Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, leave your pack on the track to indicate your intentions. |
| 8 | Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you. |
| 9 | Do not proceed past track junctions until advised to do so. |
| 10 | Do not fall behind the person appointed "tail" for any reason without advising the "tail". |
| 11 | Ensure the Activity Organiser is aware that you have made it to the end of the activity. |
| 12 | Ensure all vehicles start before leaving for home. |
| 13 | Thank the Activity Organiser & bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind. |
| 14 | All participants share responsibility (or are prepared to) for the orderly conduct and safety of any club activity in which they participate. This extends to helping others in an emergency. Peer activities are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All kayaking and canoeing activities are peer activities. |

NEW ACTIVITY ORGANISERS, NEW ACTIVITIES AND THE NEXT PROGRAM

We are always in need of more Activity Organisers, new activities and new ideas. If you have any suggestions or would like to contribute to the program, contact the Activity Collector or the Program Secretary.

The program activities can also be viewed in the members area of the club website. For security purposes names and phone numbers are deleted on the public version.

PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Post Trip Incident Report section of the Trip Report.

Lodging a claim: information and forms are available from

<http://www.bushwalkingaustralia.org/insurance/accident-insurance>

FOR INFORMATION ABOUT ACTIVITIES IN THIS PROGRAM

SEND AN EMAIL TO: info@sutherlandbushwalkers.org.au

SUMMER WEATHER ALERT: Caution High Temps; Hot days may be a health and safety issue
Activity Organisers check websites before your activity, you may need to go to an alternative plan.

Websites: National Parks alerts for park closures, BOM (bureau of meteorology) for weather alerts, Fires Near Me for fire warnings.

January 2023

Wed 4 Jan	4	BLUE MOUNTAINS BUSHWALK Birrabang Canyon – Descend a ridge from the Bells Line of Road into Birrabang Brook, and Canyon. Ascending to join the Dalpura Ridge back to the road. Approx 7km Wet feet guaranteed & possible swim Map: 1:25 000 MOUNT WILSON & KATOOMBA
Sat 7 Jan	3	CYCLE- Ride to Bondi Jct/Centennial Park A (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways. About 40 km
Sun 8 Jan	4	BUSHWALK – HEATHCOTE NATIONAL PARK Walking from Sarah’s Knob carpark to Friarbird Pool, followed by an off track section to Boobera Pool. A very classy swimming pool, plan for a swim. On track walk back to our cars.
Mon 9 Jan	3	KAYAK – LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity
Wed 11 Jan	3	BLUE MOUNTAINS BUSHWALK Mt York, Descend the Cox’s Road (first road over the mountains circa 1814) to the Hartley Vale valley, returning via Lockers Pass (circa 1832). Approx 10km Map: 1:25 000 HARTLEY
Wed 11 Jan	3	HEATHCOTE NP – LAKE ECKERSLEY, LILO Walk Pipeline Track to Woronora River then 800m lilo/air mat paddle to Eckersley beach – really just an excuse for a swim. (If you don’t want to lilo, come anyway) 12km Grade 3

Sat 14 Jan	1	URBAN WALK-BONNET BAY -BURNAM BURNAM Start Tudor Road wetlands, N along Pipeline track, cross Washington Drive into the Glen Reserve, to lookout north side of Bonnet Bay town, options to get into Burnam Burnam and upper track, Eagle Rock track then back to Tudor Rd . 6km
Sat 14 Jan	3	CYCLE- RIDE TO RIVERWOOD WETLANDS Tempe to Riverwood wetlands via dedicated cycleway and quiet back streets. Then on through Riverwood to Oatley and across the bridge back into the Shire.About 40km
Mon 16 Jan	1	HISTORY WALK- TAREN POINT & WOOLLOOWARE BAY SHORE Local history in the Shire ,easy walk, flat surface with coffee along way. Approx 7km
Wed 18 Jan	3-4	BLUE MOUNTAINS BUSHWALK Springwood, Sassafras Gully Track to Glenbrook Creek, Perch Ponds, Martins Lookout, Magdalene Falls, Fairy Dell. Springwood Approx150m ascent & descent at Martins Lookout. 13Km Map: 1:25 000 SPRINGWOOD
Wed 18 Jan	3/4	BUSHWALK ROYAL NP – A to Z, Deer Pool Bundeena Road, Deer Pool, Marley Creek, Little Marley FT, Marley Beach, Marley Lagoon, Marley Head, Little Marley. A little bit of off track to make it interesting. 15km.
Fri 20 Jan	0	CASUAL GET TOGETHER – COMMONWEALTH PAVILLION RNP BYO food and drinks, BBQ available. Commonwealth Pavillion Audley.5.30pm. Just come along. An email alert will be issued if there are any restrictions or changes to arrangements
Sat 21 Jan	3	CYCLE- Ride to Drummoyne Tempe to Rozelle and Drummoyne and the Bay Ride via cycleways and quiet roads. Returning to Tempe via the Greenway on cycleway and quiet(ish) roads through Dulwich Hill and Marrickville. About 30km
Sat 21 Jan	3	COASTAL WALK KIAMA TO GERRINGONG Approximately 14.5km. Bring swimmers and maybe a beer at the brewery in Gerringong before we get the train back to Kiama
Mon 23 Jan	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity
Wed 25 Jan	3	MT KURING-GAI N.P BUSHWALK Berowra to Mt Kuring-Gai – Descending to Waratah Bay, then following Cowan Creek to Apple Tree Bay and Bobbin Head before ascending to Mt Kuring-Gai. Approx 200m ascent/descent, and several creek crossings. Approx 12Km
Sat 28 Jan	1	URBAN WALK - CARINGBAH TO KIRRAWEE Caringbah to Kirrawee with an emphasis on laneways and alleyways and local history. 8am - 1pm, morning tea at Miranda, two exit points at Miranda and Gymea. Approx 7km
Sat 28 Jan	3	CYCLE- RIDE TO PYRMONT AND BARANGAROO Tempe to Pyrmont, Barangaroo and Walsh Bay for morning tea at one or the other place. Returning to Tempe via the fish markets, Redfern and Sydney Park. Some road riding but fairly safe and quiet. About 40km
Sun 29 Jan to Sun 5 Feb	2,3, 4	BUSHWALKING- KOSCIUSZKO NP – CHARLOTTE PASS Pygmy Possum Lodge, Charlotte Pass. Our First Annual Week of alpine walking activities based at Pygmy Possum Lodge. Walks each day & possibly an overnight walk for those interested. Rooms have en-suites and meals are self catering. Room rates Approx Couple \$666, Twin Share \$333 each, Single \$433, WAIT LIST ONLY
Mon 30 Jan-	3/4	FULL PACK WALK- CHARLOTTE PASS 1 night under the stars. We were washed out last year so I want to go back to Ramshead Range for our overnight hike. Weather dependent, date to be decided on

Sat 4 Feb		the weather forecast. If interested bring everything for an overnight hike. If new to overnight hiking and want to join us call me if you need to know what to bring. Part of the week 1 stay at Pygmy Possum.
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February 2023

Wed 1 Feb	3	GEORGES RIVER, CAMPBELLTOWN - LILO Freres Crossing to The Basin. Walking, rock hopping & floating on lilos. (If you don't have a lilo give the leader a ring, he has a couple to spare.) 9km.
Wed 1 Feb	4	BLUE MOUNTAINS BUSHWALK Blaxland to Glenbrook via Pippa's Pass, Florabella Pass, Bunya Lookout Track, (Lost World Lookout), St Helena Track, Duck Hole Approx 15Km Map: 1:25 000 SPRINGWOOD & PENRITH
Sat 4 Feb	3	CYCLE TEMPE TO WAR MEMORIAL Cycle to Tempe then free guided tour of War Memorial and return to Tempe. Minimum of 10 for guided tour. Numbers must be confirmed 3 days before ride.
Sun 5- Sun 12 Feb	2,3, 4	BUSHWALKING- KOSCIUSZKO NP – CHARLOTTE PASS As advertised in the latest program, a 2 nd week of alpine walking activities based at Pygmy Possum Lodge has now been confirmed. Room rates Approx Couple \$666, Twin Share \$333 each, Single \$433. Rooms have ensuites and meals are self catering. ONLY 2 ROOMS FREE, Please email Ken to book your place ASAP. Payment due now
Wed 8 Feb	3/4	BUSHWALK HEATHCOTE NP- SWIMMING HOLES OF UPPER HEATHCOTE CREEK Visiting Kingfisher, Myuna and Miara pools from the Bullawarring track for a dip or two, this walk starts and returns to Waterfall. Mostly on formed tracks but some off track will be encountered. Bring your lunch and cossies. 14 km.
Sat 11 Feb	2	BUSHWALK RNP Savilles Creek / Temptation Creek Loftus station, Loftus oval. Probably clockwise loop. Head east until Savilles creek then N and E along Savilles creek. South along Temptation creek to Bungoona lookout and back. 9km
Feb /March	6	FULL PACK WALK- TASMANIA Eastern and/or Western Arthurs traverses depending on group interests and capabilities and any track closures. Demanding walking over up to nine days with fantastic scenery. Some exposed areas and potentially slippery rock in wet weather and muddy sections of track. Need to be a seasoned overnight walker used to rock scrambling and have high quality wet weather and thermal gear and cooking equipment (with no fires allowed in the area). One Position Vacant
Wed 15 Feb	4	ROYAL NP - A TO Z, ENGADINE FALLS Follow Engadine Creek down to Head of Navigation, checking out Engadine & Horseshoe Falls along the way. If you like a bit of off-track and possibly wet boots this might be for you. 12km
Wed 15 Feb	4	BLUE MOUNTAINS BUSHWALK Lawson to Wentworth Falls – via Empire Pass, Dantes Glen, Skarratts Track and Bruces Walk Part1. Several ascents & descent of approx 200m along the way. Approx 11km Map: 1:25 000 KATOOMBA
Mon 20 Feb	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity
Mon 20 Feb- 24 Feb	4	FULL PACK HIKE - GREEN GULLY- OXLEY WILD RIVERS NAT PARK 5 Days, 65 km loop hut to hut. Challenging wilderness experience with a rich pastoral history. Experienced walkers only. TRIP FULL- WAIT LIST ONLY

Tue 21 Feb to Thur 23 Feb	3	MID-WEEK KAYAKING TRIP - SUSSEX INLET, BERRARA CREEK & SWAN LAKE This beautiful area on the South Coast is just over 2 hours drive from Sutherland and is surrounded by National Parks and water. We plan to do two short paddles (approx 6km each), one longer paddle (6-15km flexible) and several short local walks over 3 days - participate in some or all activities. A range of accommodation options are available - suggestions will be provided. BYO kayak or canoe, PFD compulsory. This is a peer activity.
Wed 22 Feb	4	BLUE MOUNTAINS BUSHWALK The Barnacles – From the Bells Line of Road, follow a series of ridges to and from The Barnacles. Including a descent into and out of December Creek with cliff scramble. All off track 9km Map: 1:25 000 MOUNT WILSON

Wed 22 Feb	ANNUAL GENERAL MEETING Please come along and support your club at this important meeting. Some of the committee members are stepping down after several years of service and we need a new team. Our club needs you to keep it vibrant and moving forward with new ideas. Consider if you may like to join in the running of things ,it is very rewarding. Please contact a current committee member if you are interested. Sutherland Community Centre -Stapleton Ave 7pm	
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Thur 23 Feb	3	URBAN WALK. FIRST SECTION OF 77.4K BONDI TO MANLY WALK (FOLLOWING BOOK BY TARA WELLS) Bondi to Watsons Bay, Federation Cliff Walk. 11.5km. No bookings till after 12 Feb as I will be away.
25 Feb – 26 Mar	3-4	HIKING AND BIKE RIDE – NEW ZEALAND THIS TRIP IS FULLY BOOKED AND PROCEEDING AFTER 2 YEARS OF CANCELLATIONS Rakiura Track, Stewart Island – Overnight Pack; Queen Charlotte Track – Day Pack; Alps to Ocean Bike ride – day panniers. Local day walks on arrival or leaving destinations.
Fri 24 Feb	1	CITY HERITAGE WALK- Milsons Point Nth Sydney. Bradfield heritage park walk, Wendy Whiteley’s garden, Art Barton Park and Luna Park. Approx 5 km. Easy flat walking
Sat 25 Feb	3	BUSHWALK – ROYAL NP – ENGADINE TO LOFTUS A bushwalk from Engadine to Loftus via Audley with the opportunity for a swim at Kangaroo Creek with morning tea and lunch at a couple of scenic spots. 13km.

March 2023

Wed 1 Mar	4	BLUE MOUNTAINS BUSHWALK Jinki Gully Ridge & Mine – Follow a ridge to overlook Dalpura Canyon area, then descend into the Gully and proceed downstream towards the Grose Valley in search for old mine adit. 90% off track Approx 11km Map: 1:25 000 MOUNT WILSON
Wed 1 Mar	4	BUSHWALKING- RNP Loftus to Engadine via Engadine Creek. This walk will start at Loftus station and drop down to Audley We then follow the Engadine track to the head of navigation for Kangaroo Ck. The next section will be off track following a foot pad to Horseshoe Falls and Engadine Falls, finishing up at Engadine station. 12 km
Thur 2 Mar	2	MORNING WALK - WORONORA BRIDGE CIRCUIT Urban/bush walk starts and ends at Prince Edward Park, Woronora. Mix of walking on footpaths, suburban roads and local bush tracks. Includes Woronora Bridge

		Walkway (high-level bridge) with great views over the river and Woronora Footbridge. Optional coffee at Woronora Boatshed after the walk. Approx 6km.
Thur 2 Mar	3+	BLUE MOUNTAINS KATOOMBA Walk from Solitary restaurant to Katoomba Kiosk via Federal pass. This walk is challenging due to the steep descent and ascents with numerous steps. All on track. Descend into a rainforest environment with numerous waterfalls and some creek crossings. Total descent approx. 300m but more due to ups and downs along the way. Distance will involve 2km of urban streets followed by approx. 5.5km bush track. No bookings until 17 Feb.
Sat 4 Mar	3	CYCLE-RIDE TO RUSHCUTTERS BAY Tempe to Rushcutters Bay mostly via cycleways plus some quiet roads. Return via Kingsford. About 30km
Mon 6 Mar		TRACK WORK, ADOPT-A-TRACK – ROYAL NP Our Club helps out in local National Parks clearing walking tracks. In conjunction with NPWS we select a track that is overgrown and bring it back to 'walking condition'. We use hand tools to clear vegetation. There are always plenty of jobs to be done, large & small - something for everyone. Tools & gloves supplied. We would love to have your help, it is a satisfying morning – some of us even find it fun!
Wed 8 Mar	3-4	BLUE MOUNTAINS BUSHWALK A short trip to explore the remains of Wallace's Steam Engine, then back to Hat Hill and on to Bald Head. Some indistinct sections of track possible Map: 1:25 000 MOUNT WILSON
Wed 8 Mar	3	ILLAWARRA ESCARPMENT SCA - STANWELL PARK & KELLY FALLS Walk up from Stanwell Park to Kellys Falls then follow the escarpment to Stanwell Falls & Mount Mitchell and back to Stanwell Park. Lovely views.
Thur 9 Mar	3	WATSON BAY TO DOUBLE BAY - SECTION 2 OF BONDI TO MANLY WALK- Part 2 of the series of walks making up the 77.4 km Bondi to Manly walk. Stunning harbour and bridge views from sheltered beaches and remnant bushland in Sydney Harbour National Park. 11.2km No bookings before 23 Feb please.
Thur 9 Mar	3	KAYAK – LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity
Fri 10 Mar	3/4	STANWELL STATION TO AUSTINMER STATION- BUSHWALK Stanwell Park railway station to Austinmer Station (or Foothills Road) initially following the Wodi Wodi track and then the Forest Track and then down the steep Sublime Point track Some steep slippery parts on the Wodi Wodi track and ladders down Sublime Point. 17km.
Sat 11 Mar	3	BUSHWALK - BOODEREE NATIONAL PARK Walk is in the ACT annex at Jervis Bay. (note a daily entrance fee is required). This a loop walk of 7km or so, starting at Murrays Beach, visiting Governor Head, the southern entrance to Jervis Bay. Lunch on Murrays Hill. Following the walk, a trip to the ruined Cape St George Lighthouse. Swimming possible at Murrays Beach. Optional stay overnight before or after the walk at Green Patch camping ground.
Sat 11 Mar	3	CYCLE- FOUR BRIDGES IN AND OUT OF THE SHIRE Como to Menai, Alfords Point bridge, Salt Pan Creek and then through Oatley and over Como bridge to return. Not for the faint hearted, this is fairly taxing. About 40km
Wed 15 Mar	4	ILLAWARRA BUSHWALK Mt Keira – Mt Pleasant Track, Geordies Flat, Byarong Park, Robertson's Lookout, Mt Keira summit, Five Islands Lookout. Descend via Dave Walsh Track Approx 14Km Map: 9029-2S WOLLONGONG

Thur 16- 21 Mar	2/3/ 4	CAR CAMP- NEWNES Staying at Newnes Hotel Campground, which is suitable for tents, trailers and caravans. Toilets and showers available, bring everything else. There are cabins available. Plan is for enjoying easy to medium difficulty day walks which leave from the 9ampground. With a day trip to ascend Patoney's Crown. If someone is willing to navigate and lead a walk up Donkey's Mountain, reportedly well worth the exercise. Cost is \$90 per car. If anyone is interested in the cabins, please organise this yourself via the Newnes Hotel website. Dates work so you can then join Alan Webb at Dunns Swamp (Ganguddy)
Sat 18 Mar	3	CYCLE- SAILING CLUB TAREN POINT TO DULWICH HILL. Another fairly flat ride around Botany Bay and then Cooks River cycleway up to Dulwich Hill for morning tea.About 45km
Mon 20 Mar	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit ons please. This is a peer activity
21-24 Mar	3	CAR CAMP- GANGUDDY- DUNNS SWAMP 3 nights. Dunns Swamp in Wollemi National Park camping by a beautiful lake suitable for tents, campers and caravans, four hours drive from Sutherland via Lithgow and Kandos. Walking, swimming and paddling. Bring any unpowered watercraft such as kayaks, canoes or sit-on craft. Dates suit for you to do both this camp and Kay Rogers Newnes car camp.
Wed 22 Mar	4	BLUE MOUNTAINS BUSHWALK Goochs Crater via Dargan Arch - Follow a number of ridges to cross the Wollangambe River, then on to the Crater. Mainly off-track with indistinct and rough sections, some steep rock scrambling & creek crossing. 13km Map: 1:25 000 WOLLANGAMBE
Sat 25 Mar	3	CYCLE- RIDE TO BONDI JCT/CENTENNIAL PARK. A (mostly) gentle cycle to Bondi Jct (not beach!) for morning tea in either Centennial Park or Waverley. Quiet roads with bike lanes mostly plus some cycleways. About 40km
Wed 29 Mar	4	BLUE MOUNTAINS BUSHWALK Perrys Lookdown to Victoria Falls Lookout via the Grose River, Burra Korain Camp Ground. Multiple crossings of the Grose River with steep descent & ascent (approx 450m) 15km Map: 1:25 000 MOUNT WILSON
Wed 29 Mar	3	ROYAL NP - A TO Z, FLINDERS SUGARLOAF Sir Bertram Stevens Drive, Flinders Sugarloaf, SW Arm Creek, Flat Rock Crossing. A short walk with plenty of off-track and variety. Rough & scratchy. 10 km Grade 4
Wed 29 Mar	GENERAL MEETING Sutherland Community Centre , Stapleton Ave Sutherland 7pm	

NOTES

Advance Notices

April 2023	4	CYCLING CENTRAL WEST CYCLE TRAIL - EXPRESSIONS OF INTEREST The CWCT trip will be over 9 days (1 rest day). Mountain or cross hybrid bike required. Bike must be set up for road use, lights, spare tubes, etc. Combination of unsealed service tracks, country backroads and short Highway sections. Numbers will be limited. A luggage support vehicle is available.
Mon 1 May to Wed 3 May 2023	2/3	BUSH / URBAN WALKING - NEWCASTLE - (2 nights) Day 1: Walk along tracks in Rumbalara Reserve at Gosford (6 km). Maybe a brief historical walk in Newcastle in the afternoon, coffee, or a swim. Day 2: Walk Newcastle to Merewether Beach along the scenic 5km Bathers Way Coastal Walk (paved). Then continue along the Yuelarbah bush track through Glenrock SCA to the Fernleigh track (6 km), ending at the historic rail tunnel. Bus back to Newcastle. Option: stop at Merewether Beach and walk or bus back. Day 3: Short walk before travelling home. Expressions of interest now (to Margaret). For those wanting to stay at Newcastle Beach YHA accommodation, it needs to be reserved (no payment needed now). Joint leaders.
Wed 3 - Sat 6 May	3	CAR CAMP - NAMADGI NP, ACT - DAY WALKS A car camp staying at the Orroral Campground. A good choice of day walks to choose from with some history, wildlife and great scenery. Three and a half hours from Sydney.
Mon 24 July to Fri 28 July 2023	3	BUSHWALKING WITH SUNROVER TOURS - CARNARVON GORGE, QLD 5 Day Outback Explorer Tour See website for information: http://www.sunrover.com.au/carnarvon.htm We will be travelling from Brisbane and doing days walks in Carnarvon Gorge with this tour company. Cost is on the website but will depend on the accommodation that you choose. Accommodation at Carnarvon Gorge is filling up fast so we will need to book now. Maximum 12 people.
2 - 21 Sept 2023	2/3/ 4	COMMERCIAL TRIP-20 DAY PERTH TO PERTH TOUR WITH KIMBERLEY SAFARI TOURS Perth - Kalbarri - Shark Bay - Coral Bay - Exmouth - Cape Range National Park - Karijini - Mt Mehurry - Mt Augustus - Kennedy Ranges - Geraldton - Perth Approx \$5500 WAIT LIST ONLY
21 May-10 June 2024	2/3/ 4	COMMERCIAL TRIP-20 DAY BROOME TO BROOME WITH KIMBERLEY WILD Cygnet Bay - Cape Leveque - Broome - Stairway to the Moon - Windjana Gorge - Gibb River Road - Mitchell Plateau - El Questro - Lake Argyle - Bungle Bungle 3 nights - Wolfe Creek Crater - Geikie Gorge. Approx \$5500