

## Sutherland Bushwalking Club Inc (SBC)

### Visitor Form / Risk Waiver



Visitors to the Club may participate in up to three activities, of grade 3 or lower, in any one year to determine whether they wish to join the Club. Participation in each activity will require visitors to sign a risk waiver form. The risk waiver must be completed, signed and given to the activity organiser before they participate in the activity. This can be done on the day of the activity.

This activity is my **1st/ 2nd/ 3rd** activity with the Sutherland Bushwalking Club.

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

#### Activity Description

#### Risk Waiver (Please read and sign prior to you participate in this activity)

I am voluntarily participating in the Sutherland Bushwalking Club activity listed above. This activity has been described to me by the activity organiser and I am aware that my participation in the activity may expose me to risk that could lead to injury, illness or death or to loss of or damage to my property. Those risks include but are not limited to slippery and/or uneven surfaces, rocks being dislodged, falling at edges of cliffs or drops or elsewhere, risks associated with crossing creeks, hypothermia and heat exhaustion.

To minimize these risks, I have endeavoured to ensure that:

- This activity is within my capabilities and I am carrying food, water, equipment and that I am wearing clothing and footwear appropriate for this activity.
- I have advised the activity organiser if I am taking any medication or have any physical or other limitation that might affect my participation in the activity. I do not believe that my medication or limitations will prevent me from successfully completing this activity.
- I will make every effort to remain with the rest of the party during the activity and accept the instructions of the activity organiser.

**I have read or heard and understand these requirements; I have considered the risks before choosing to sign this Risk Waiver form. I still wish to join the activity. I agree by signing this form, to waive any claim for damages arising from this activity that I may have against the club, the activity organiser or other participants.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_