

PROGRAM

April – May – June 2024



Mt Solitary Blue Mts NP 1 Nov

PO BOX 250 SUTHERLAND NSW 1499 ABN 28 780 135 294

http://www.sutherlandbushwalkers.org.au

INTRODUCTION

Sutherland Bushwalkers Club provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 330 members. The club meets on the last Wednesday of each month (except Jan and Dec) at the Sutherland Council Stapleton Avenue Community Centre, cnr. Stapleton Ave & Belmont St, Sutherland at **7.00 pm**. For membership enquiries and/or further information, see the club's website, email us at **info@sutherlandbushwalkers.org.au**, or write to us at our post office box.

BOOKINGS

It is imperative that bookings are made directly with the Activity Organiser. At least 4 days' notice for oneday activities and 10 days for o/night activities should be given if you wish to participate. Frequently there is a limit on the number of people, so it is best to book early. Visitors are welcome on activities if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting and departing cannot be extended to wait for those who are late. If you find that you are not able to attend, please advise the Activity Organiser **immediately**. This may allow another person to attend when numbers are limited.

TRANSPORT

Car pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested for sharing transport costs: calculate contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver, and share equally any additional costs, eg entrance fees, road tolls etc.

GRADES

One day walks: Start with a Grade 1 or grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some experience.

O/night walks: These require more experience and fitness than day walks of an equivalent grade so try some day walks of a higher grade before attempting an o/night walk.

All activities: Grading is subjective and cannot take into account all possible factors so if you are uncertain about the grade, the experience and fitness required or the terrain, ask for advice. Club activities are generally graded on a scale of 1 to 6: On an activity Graded 4 or above you could encounter off track sections and/or exposed areas at any time. Some activities come with more risk than others. An Activity Organiser may exclude any participant who may have difficulty completing the planned activity.

Easy (1) Opportunity for large number of walkers, including those with reduced walking ability to walk on wellmarked and even tracks. Tracks are man-made and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Easy/Medium (2) Easy walk, mostly on tracks of low gradient. Opportunity to walk easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed 15 km.

Medium (3) Some hilly sections &/or rougher terrain. Opportunity to walk on defined and distinct tracks, with some steep sections you will require a reasonable level of fitness. Distance should not exceed 20 km.

Medium/Hard (4) Steeper, rougher terrain & may have off-track sections (up to 50% or more, depending on terrain) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments, mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Activity Organisers should have map reading abilities and/or the ability to use a compass. Distance depends on circumstances. Not suitable for beginners.

Hard (5-6) Strenuous walking over difficult terrain, much of which can be unfamiliar. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

The descriptions above refer only to bushwalking trips. Where these grades are applied to other activities (eg cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our web site.

SAFE BUSHWALKING, SEARCH AND RESCUE

Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLB's are used for serious emergencies or life-threatening situations.

In the event of being lost or a medical incident first call is to **Emergency services on Triple Zero 000** The Emergency Services will initiate <u>NSW SES BSAR (NSW SES Bush Search and Rescue)</u>, which is a specialist unit of the SES, if required.

Handy App for All: The **Smartphone App** *Emergency* + uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency*+

also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

TRIP REPORT

All Activity Organisers must complete a Trip Report for each activity. Forms can be downloaded from the Club's website . These must be sent to the Club Secretary (address on form).in a timely manner after the activity.

EQUIPMENT

On camping activities provide your own camping equipment or arrange to share. Activity Organisers will advise on required equipment. Beginners are advised not to buy expensive equipment without advice. Club equipment, including camping gear, backpacks, safety equipment and some maps, is available for loan. At least 14 days' notice should be given if you wish to borrow any equipment. For further information on equipment, contact the Equipment Officer (contact details on page 11). The club has two personal locator beacons (PLB) for use on activities. PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices.

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

- 1 Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. Please do not participate in an activity if you are unwell.
- 2 Carry sufficient water for conditions of the trip generally a minimum of 1 or 2 litres, or more in hotter conditions.
- 3 Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is delayed due to unforeseen circumstances), rain gear, whistle, torch & appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities, such as cycling, require special equipment, eg bright clothing, helmet, pump, spare tube & tools.
- 4 Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
- 5 You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
- 6 Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, leave your pack on the track to indicate your intentions.
- 7 Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
- 8 Do not proceed past track junctions until advised to do so.

9 Do not fall behind the person appointed "tail" for any reason without advising the "tail".

- 10 Ensure the Activity Organiser is aware that you have made it to the end of the activity.
- 11 Ensure all vehicles start before leaving for home.
- 12 Thank the Activity Organiser & bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
- 13 All participants share responsibility (or are prepared to) for the orderly conduct and safety of any club activity in which they participate. This extends to helping others in an emergency. Peer activities are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All kayaking and canoeing activities are peer activities.

NEW ACTIVITY ORGANISERS, NEW ACTIVITIES AND THE NEXT PROGRAM

We are always in need of more Activity Organisers, new activities and new ideas. If you have any suggestions or would like to contribute to the program, contact the Program Secretary.

The program activities can also be viewed in the members area of the club website. For privacy purposes names and phone numbers are deleted on the public version.

PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Post Trip Incident Report section of the Trip Report.

Lodging a claim: information and forms are available from

http://www.bushwalkingaustralia.org/insurance/accident-insurance

FOR INFORMATION ABOUT ACTIVITIES IN THIS PROGRAM SEND AN EMAIL TO: <u>info@sutherlandbushwalkers.org.au</u>

April 2024

Tue 2	3	BUSHWALK- SHAWS RIDGE AND BLUE GUM SWAMP WINMALEE
Apr	•	We will follow Shaws Ridge firetrail then a steep walk up Bees Nest Hill to a scenic
- 1		lookout over the Grose River for lunch. We head back down to follow the beautiful
		Blue Gum swamp creek track. A bit of up and down but a nice location. Approx 14
		kms. Some can catch the train to Springwood and then 2 or 3 cars needed to
		transport to start of track.
Tue 2	4	FULL PACK HIKING- PART 3 BUNDIAN WAY
Apr to		Nalbaugh Falls To Eden- This will be a full pack walk with mostly tent camping on
Mon 15		back country fire trails and forest trails. Food drops will be arranged. The dates
Apr		include a day's travelling each way. Limited numbers. See John Blay's maps and
•		track notes here: https://southeastforests.com.au/welcome/explore/bundian-way-
		maps/
Wed 3	4	BLUE MOUNTAINS BUSHWALK
Apr		The Barnacles – From the Bells Line of Road, follow a series of ridges to and from
		The Barnacles. Descent into and out of December Creek with cliff scramble. All off
		track 9km Map: 1:25 000 MOUNT WILSON
Wed 3	4	BUSHWALK-HEATHCOTE NP - HEATHCOTE CREEK PT 1
Apr		A walk to have a close look at Heathcote Creek, from
		Minda Pool to Mirang Pool & perhaps a bit further. We will follow the creek as close
		as possible, in it when necessary. Wet feet a possibility. A swim? Well those pools
		are pretty hard to resist! Off-track along the creek. Short car-pool involved. 10km
Thur 4	3	MORNING WALK - RNP: SADDLE GULLY TRACK TO ANICE AND WINIFRED
Apr		FALLS
		Out and Back along the Saddle Gully Track visiting Anice and Winifred Falls. The
		usual ups and downs of a RNP track. Length approx 6 km.
Fri 5	2	MORNING CYCLE - LADY CARRINGTON DRIVE
Apr		Easy social Mountain Bike ride along Lady Carrington Drive from North (Audley) to
		South gate & return. E-bikes and regular MTBs both welcome. Morning tea at
Mara O	0/0	Audley. Approx 20 km over 1.5 - 2 hours.
Mon 8	2/3	TRACK WORK, ADOPT-A-TRACK – ROYAL NP
Apr		We will be using secateurs and bush saws to clear walking tracks to make them
		more navigable & comfortable to walk on. There are always plenty of jobs to be
		done, large & small - something for everyone. Tools & gloves supplied. We will be re-visiting some of our previously cleared tracks to do some maintenance. The tracks
		are generally in good condition. Our aim will be to do a 'walk through' and clear any
		re-growth & obstructions and fix drainage problems. We should be able to make this
		a combination of work & fun, as most of the hard toil has already been done!
Wed 10	4	BLUE MOUNTAINS BUSHWALK
Apr	-	Liversidge Hill cliff lines Explore various cliffs & creek lines adjacent to the Grose
		Valley. 80% off track with scrambles up and down on loose surfaces. (Agility &
		fitness required) Approx 10km. Map: 1:25 000 MOUNT WILSON
Wed 10	3	BUSHWALK- DHARAWAL NP- Dharawal Pools
Apr	-	A pleasant day walk, with a cooling dip along the way, looping past pools on Stokes
		Ck and O'Hares Ck in Dharawal National Park near Appin, 10 km
Thur	3	KAYAK - LOCAL WATERWAYS
11 Apr		Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few
•		days before the event to confirm starting point. PFD compulsory, no sit-ons please.
		This is a peer activity.

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Wed 17	4	BUSHWALK- HEATHCOTE NP - HEATHCOTE CREEK PT 2
Apr		A walk to have a close look at Heathcote Creek, this time Mirang Pool to Goburra
		Pool, with a short walk along Tarmaroo Ridge first. We will follow the creek as close
		as possible, in it when necessary. Wet feet a possibility. Temptation of a swim along
		the way. Off-track along the creek. 10km
Wed 17	4	BLUE MOUNTAINS BUSHWALK
Apr		Sharks Head Cave & Lost World Lookout – From Martins Lookout to Glenbrook
		Creek, then up the creek to the cave. Rock scrambling and some exposure (Agility &
		fitness required). Return via Bunya Lookout. 8Km approx Map: 1:25 000
		SPRINGWOOD
Thur	3	MORNING BUSHWALK- – ROYAL NATIONAL PARK
18 Apr		Starting at Audley we climb up Robertson Knoll then along the Uloola track to Wattle
		Forest. Return to Audley along the river. Views over the Hacking river, some steep
		sections. Approx 7-8km.
Mon 22	3	KAYAK - LOCAL WATERWAYS
Apr		Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few
-		days before the event to confirm starting point. PFD compulsory, no sit-ons please.
		This is a peer activity.
Wed 24	3	BUSHWALK- ROYAL NATIONAL PARK
Apr		Wattamolla – Mystery Day, will we walk north? or will we walk south? Whichever
		one, it will be a leisurely (10 -15km) walk, maybe with a swim thrown in as well.
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Wed 24	GENERAL MEETING
Apr	Sutherland Community Centre, Stapleton Ave Sutherland 7pm. Speaker to be confirmed in
	an alert.

May 2024

Wed 1	4	BUSHWALK- Royal NP – A to Z, Palm Gully
May	-	A look at the area west of Garawarra Farm. Walk the Bola Heights Firetrail & make
Iviay		
		our way to the Upper Causeway on the Hacking, then follow the river to Palm Gully.
		We will explore this small but very lovely little creek, before we have a very steep
		climb back up to Bola Heights. 8km
Wed 1	3	CAR CAMP - NAMADGI NP, ACT - DAY WALKS
May to		A car camp staying at the Orroral Campground. A good choice of day walks to
Sat 4		choose from with some history, wildlife and great scenery. Contact the organiser for
May		caravan, trailer and tent campsite booking details.
Thur 2	3	MORNING URBAN WALK – BOTANY BAY
May		Starting in Sandringham (Sans Souci) we walk along Botany Bay, over Captain Cook
_		Bridge to the Shorebird Reserve in Taren Point. Return by the same route, finishing
		at a coffee shop. Easy walk mostly on paths. Approx 8km.
Wed 8	4-5	BLUE MOUNTAINS BUSHWALK
May		Red Ledge Pass from Narrow Neck, to Devils Hole. Looking for some old relics of
		mining in an off-track wilderness area. Some moderate exposure on descent. Approx
		11km Map: 1:25 000 KATOOMBA
Wed 8	1	URBAN WALK- KOKODA Track Memorial walkway and Concord Hospital
May		Follow the stories of WW2 campaign which Australian soldiers fought against the
		Japanese in Papua . Using public transport , walk approx 4 km

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May 8 May	3	COAST WALK – MANLY BEACH – COLLAROY BEACH Manly Ferry then walk to Collaroy Beach and B1 Double-Decker Bus to Wynyard Station. Enjoy the beaches and coastal views passing Manly, Freshwater, Curl Curl, Dee Why and Long Reef. Swimming possible. Catch the Train and Manly Ferry from Circular Quay. Around 11 km
Wed 8 May	2/3	WOLLI CREEK TO MARRICKVILLE FOR A TOUR OF LOCAL FOOD OFFERINGS Meet at Wolli Creek for a pleasant walk through Discovery Park, along the canal
		through Tempe Recreation Reserve and then along the Cooks River to Marrickville. When we get to Marrickville we will explore some of the food highlights of Illawarra and Marrickville Rd s. There will be plenty of time to choose somewhere to eat for lunch, or you can byo. After lunch we will reconvene and walk back to Wolli Creek. 13km.
Thur 9 May	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Wed 15 May	3-4	SYDNEY HARBOUR WALK Circular Quay to Greenwich via Cahill Expressway, Harbour Bridge, Lavender Bay, Balls Head Reserve & Coal Loader, Wollstonecraft & Greenwich Wharf. Approx 14KM
Wed 15 May	3	BUSHWALK - BURGH TO STANWELL PARK VIA A TUNNEL Starting at Helensburgh Station, this walk follows the numerous tracks to Otford where we then pass through an old train tunnel (1.6km) to Stanwell Park. Recognised tracks and well defined local tracks are used along the route. 15km
Thur 16 May	3	MORNING WALK - SAVILLES & TEMPTATION CREEKS (LOFTUS) Walk from Loftus Oval along fire trails and tracks past waterfalls/cascades on Savilles Creek & Temptation Creek. Length approx 7km.
Sat 18 May	3	BUSHWALKING- Guula Ngurra NP. This walk is in the newly named Guula Nguura National Park, near Moss Vale/ Canyonleigh. It is planned to do the 3-4km Mt Penang Loop Walk, followed by either the Baldy Billy Peak 5km walk, or an exploration of the Tugalong section of the park, which is only opened to visitors on the 1st or 3rd Saturday of the month. See NSW National Parks and Wildlife web site for background info and detail of the park.
Mon 20 May	1/2	URBAN WALK- Concord Hospital to Yaralla Estate Walk around Yaralla Bay to historic Yaralla house and grounds. Using public transport ,walk approx 5km
Wed 22 May	4	BUSHWALK-ROYAL NP - A TO Z, QUAIL (MURRINDUM) Wises Track, then off-track to Lady Carrington Drive. Pause on LCD to explore Murrindum (Quail) Brook, then a walk along LCD to Palona Cave with a short off- track section up to Karani FT and back to Wises Track. 13km.
Wed 22 May	3-4	MT KURING-GAI N.P BUSHWALK Cowan to Brooklyn – via Jerusalem Bay. Part of the Great North Walk, Several ascents & descents of approx 220m, and several creek crossings. Approx 13Km Map 1:25 000 COWAN

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Thur 23 May	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit-ons please. This is a peer activity.	
Thur 23 May	3	MORNING WALK - KAMAY NATIONAL PARK, KURNELL - CAPE BAILY TRACK A coastal walk on the tip of the Kurnell Peninsula that starts at Cape Solander Lookout and ends at the heritage listed Cape Baily Lighthouse. Maybe we'll see some whales. The usual ups and downs on this out and back walk. Length approx 7km.	
Fri 24 May	3	BUSH/URBAN WALK- 3 PARKS A walk linking three parks, Oatley, Gannons and Evatt Parks There is a small amount of street walking between the parks but mostly local bushland. Approx 12km	
Mon 27 May	2/3	TRACK WORK, ADOPT-A-TRACK – ROYAL NP We will be using secateurs and bush saws to clear walking tracks to make them more navigable & comfortable to walk on. There are always plenty of jobs to be done, large & small - something for everyone. Tools & gloves supplied. We will be re-visiting some of our previously cleared tracks to do some maintenance. The tracks are generally in good condition. Our aim will be to do a 'walk through' and clear any re-growth & obstructions and fix drainage problems. We should be able to make this a combination of work & fun, as most of the hard toil has already been done!	
Wed 29 May	4-5	BLUE MOUNTAINS BUSHWALK Hat Hill to Perry's Lookdown via Bennetts Lookout, Brownes Path and Grose Valley. Steep off track descent from Bennets lookout with some exposure. Approx 14km Map: 1:25 000 MOUNT WILSON	
Wed 29 May	4	BUSHWALK- ROYAL NP - A TO Z, RED BLUFF A walk of several parts. Visit Red Bluff, just because it is there. Then explore the interesting rocks around Flat Rock. A chance to check out an area we usually just drive through & think 'I should have a look at those sometime'. This is your chance. 7 km	

Wed 29	GEN	GENERAL MEETING		
Мау		Sutherland Community Centre, Stapleton Ave Sutherland 7pm. Speaker to be confirmed in an alert.		
Thur 30	2	MORNING WALK - COMO HERITAGE TRAIL		

Thur 30	2	MORNING WALK - COMO HERITAGE TRAIL
Мау		Easy walk from Como Pleasure Grounds around the local streets and bushland
		reserves. Visit the site of Henry Lawson's rented cottage overlooking Woronora
		River. Interpretive signs installed by SSC highlight local features and historical
		stories. Length approx 5km.

Sun 2 June	3	BUSHWALKING - ILLAWONG Mostly on pleasant bush tracks with some great views of two local rivers. Interesting history - ferries and punt, remnants of the road to the Illawarra, oysters and more. 10 km.
Wed 5 June	3-4	BLUE MOUNTAINS BUSHWALK Ruined Castle – From Narrow Neck lookout the Golden Stairs, Federal Pass Track, Ruined Castle Track and return. Approx 12 Km Map: 1:25 000 KATOOMBA & JAMISON
Wed 5 June	3/4	BUSHWALK-NATTAI NP - Mount Jellore A prominent feature in Nattai NP, near Mittagong. An interesting walk to Australia's first trig station. Great views mixed with a bit of history. 10km.

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Mon 10	3	KAYAK - LOCAL WATERWAYS
June		Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few
		days before the event to confirm starting point. PFD compulsory, no sit-ons please.
Tue 11	2	This is a peer activity. BUSH/URBAN WALK- OATLEY AREA
June	2	Walk from Oatley station over the Como bridge and along the Heritage walk at Como
ounc		and return to Oatley. Approx 7 km- Great walk for new walkers.
Wed 12	3	COAST WALK - ROYAL NATIONAL PARK - LITTLE MARLEY
June	-	Bundeena Ferry walk to Little Marley return. Enjoy the spectacular Coast Walk in the
		Royal. Catch the Bundeena Ferry from Cronulla then walk through Bundeena,
		Balconies Lookout, Big Marley and Little Marley. Return and catch Bundeena Ferry
		home. Around 14 km.
Wed 12	3-4	BLUE MOUNTAINS BUSHWALK
June		From Explorers Tree (Katoomba) descend Nellies Glen and then to Old Megalong
		Cemetery and return. Part of the Six Foot Track 450m approx decent/ascent. 16 Km Map: 1:25 000 KATOOMBA & HAMPTON
Thur	3	MORNING BUSHWALK- ROYAL NATIONAL PARK
13	-	Grays Point to Audley along fire trail, Bungoona path and Honeymoon track. Return
June		along the Bridle track. Approx 7km.
Sat 15	1	URBAN/HARBOUR WALK -WATSON BAY & SOUTH HEAD
June		Ferry to Watson Bay ,urban stroll visiting some historical sights .Fish & chips lunch
		or bring your own. Approx 5 km
Wed 19	3	BUSHWALK- RNP- RED CEDAR LOOP TRACK
June	5	Loop walk from Red Cedar Flat. this loop walk combines the Burgh track, Lilyvale
		track and the Garrawarrah Ridge clifftop track. The tracks are all well graded. One
		section uses local tracks and old farm roads in the Park along the western bank of
		the Hacking River. 11km
Wed 19	3	BUSHWALK/ WHALE WATCHING- BOTANY BAY NATIONAL PARK
Jun	3	From Kurnell, visit Capt Cook's Landing Place, see sculptures and monuments for
Jun		Cook, Banks and Solander. Walk along coastal cliff tops down to Cape Solander
		and Cape Bailie Lighthouse spotting whales migrating north. Return to Kurnell.
		Approx 12km
Thur 20	3	MORNING WALK - RNP: COASTAL TRACK - BUNDEENA TO MARLEY HEAD
June		We'll take our time on the Coastal Track looking for whales. Out and back walk.
0.1.00		Some steep sections and steps. Length approx 7 km
Sat 22 June	3	BUSHWALK – ROYAL NP
Julie		Following the coast walk and hopefully spotting some whales. Bundeena to Wattamolla and back. Approx 18km. We will be catching the 8.30 am ferry from
		Cronulla to Bundeena and starting the walk from the National Park entrance on
		Beachcomber Avenue at about 9.15.
Wed 26	3-4	GARIGAL NATIONAL PARK BUSHWALK
June		Forestville (Fergus St) to Lindfield Station via various Middle Harbour Creek tracks.
		Approx 14Km Map: 1:25 000 PARRAMATTA RIVER
Wed 26	3	WHALE WATCHING WALK – KURNELL TO CRONULLA
June		Peak whale season is late June/early July. Catch the 987 bus from Cronulla Station
		to Kurnell. Walk the Polo Street trail to Cape Solander, Boat Harbour Shore Bird
		Reserve and Cronulla Beach to Train home. Around 13 km.

Wed 26	GENERAL MEETING
June	Sutherland Community Centre, Stapleton Ave Sutherland 7pm. Speaker to be confirmed in
	an alert.

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Thur 27 to 30 June 3 nights	3	CAR CAMP- BUSHWALKING / CYCLE- DHARUG NATIONAL PARK Dharug National Park, at Mill Creek campground close to Wisemans Ferry. Enjoy a walk along World Heritage Old Great North Road plus more and opportunity for bike riding. \$\$ for campsites with fire pits, composting toilets and barbecues. BYO water, firewoodand warm clothes!
Thur 27 June	3	MORNING WALK - STANWELL PARK TO OTFORD CIRCUIT VIA TUNNEL NO 7 This walk includes a bit of railway history, a 1.6km tunnel and spectacular views from Stanwell Tops. Some rough ground and steep sections up/down the escarpment - a reasonable level of fitness is required. Torch essential. Length approx 7km
Thur 27 June	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 & return by noon. Contact a few days before the event to confirm starting point. PFD compulsory, no sit-ons please. This is a peer activity.

Advance Notices			
Sun 2 Feb - Sun 9 Feb 2025	2 /3 /4	BUSHWALKING - KOSCIUSZKO NP - CHARLOTTE PASS Our popular annual week of alpine walking activities based at Pygmy Possum Lodge. Walks each day of various grades. Room rates - Couple \$886, Twin share \$443 each, Single \$576. Rooms have en-suites and meals are self catering. A very social week. Email organisers to reserve a room. Payment in September.	
Fri 20 Sept- 29 Sept	3	SUPPORTED CAPE TO CAPE WA A supported trip with Cape to Cape Explorers tours. 7 nights/8 days. Pickup from Perth and return to Perth. All breakfast, lunches, morning tea and every dinner except one. Choice of glamping or room with facilities. You stay at one place and get driven and picked up daily to the start of walk and end. All you have to carry is a day bag. I've heard great feedback from a friend. Must be in Perth by Friday 20th September. Trip starts 21st. Glamping cost is \$2,250 that covers everything. Express your interest in this trip ASAP	

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Where are we?