



Q1 PROGRAM (Public Version)

January – February – March
2025



Trousers Beach – Flinders Island, Tasmania - November 2024 (Photo: Gina Holloway)

Sutherland Bushwalkers provides opportunities for bushwalking and other outdoor activities. Membership is open to all 18 years of age and over and currently stands at approx. 370 members. **The club meets on the last Wednesday of each month (except Jan and Dec) at 7.00 pm at the Stapleton Avenue Community Centre: 3A Stapleton Ave, Sutherland (near corner of Stapleton Ave & Belmont St).** For membership enquiries or further information, see the club's website www.sutherlandbushwalkers.org.au

ACTIVITY PROGRAM – Member's & Public versions

The full quarterly Activity Program can be viewed in the member's area of the club website. Activity Organiser's names & contact details are not available on the public version for privacy reasons. Visitors should email info@sutherlandbushwalkers.org.au to express interest in activities and request Activity Organiser's details.

PO BOX 250. SUTHERLAND NSW 1499

ABN 28 780 135 294

<http://www.sutherlandbushwalkers.org.au>

GRADES

Club activities are generally graded on a scale of 1 to 6. The descriptions below refer only to bushwalking trips. Where these grades are applied to other activities (eg kayaking & cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our website.

Grade 1 (Easy) An easy walk on well-marked and even tracks, providing an opportunity for larger groups of walkers and people with reduced walking ability. Tracks are manmade and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Grade 2 (Easy/Medium) An easy to medium walk on well-marked tracks, mostly of low gradient. Suitable for beginners. Tracks should not be steep. Distance should not exceed 15 km.

Grade 3 (Medium) A moderate walk on defined and distinct tracks. Some hilly sections and/or rougher terrain may be encountered in places. A reasonable level of fitness is required. Distance should not exceed 20 km. May include short and easy off-track sections.

Grade 4 (Medium/Hard) A more challenging walk that is mostly along defined and distinct tracks that may contain steeper, rougher terrain. It provides an opportunity for surefooted, experienced walkers to explore and discover relatively undisturbed natural environments. Some walks have off-track sections (sometimes up to 50%) and/or rock scrambling. Activity organisers should have map reading abilities and the ability to use a compass. Distance depends on circumstances. Alternatively, it can be a walk of lesser difficulty that is more than 20 km. Unsuitable for beginners and most visitors.

Grade 5-6 (Hard) A long or strenuous walk over difficult terrain, much of which can be off-track and unfamiliar, even to the activity organiser. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

GUIDELINES FOR NEW MEMBERS & VISITORS

One day walks: Start with a Grade 1 or Grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some recent bushwalking experience.

Overnight walks: These require more experience and fitness than day walks of an equivalent grade, so try some day walks of a higher grade before attempting an overnight walk.

All activities: Grading is subjective and cannot take into account all possible factors. Ask for advice if you are uncertain about the grade & terrain or experience & fitness required. Some activities are more risky than others.

Please note: All Activity Organisers are volunteers. An Activity Organiser may exclude any participant who they consider may have difficulty completing the planned activity.

BOOKINGS It is imperative that bookings are made directly with the Activity Organiser.

You should email or phone the Activity Organiser in advance to ask whether there are vacancies and to obtain the activity details. At least 4 days' notice should be given for one-day activities and 10 days' notice for overnight activities. Frequently there is a limit on the number of people, so it is best to book early. A wait list may be created for popular walks. Visitors are welcome to participate if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting & departing cannot be extended to wait for latecomers. If you are unable to attend, please advise the Activity Organiser **ASAP**. This may allow another person to attend if numbers are limited.

TRANSPORT Car-pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested: Calculate the contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver. Additional costs should also be shared equally, e.g. park entry fees & tolls.

EQUIPMENT Activity Organisers can provide advice about equipment required for specific activities. On camping activities, you need to provide your own camping gear or arrange to share. Beginners are advised not to buy expensive equipment without advice. Some club equipment is available for loan, including camping gear, backpacks and PLBs (personal locator beacons). PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices. Contact the Equipment Officer for more information.

SAFE BUSHWALKING, SEARCH AND RESCUE - Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLBs are used for serious emergencies or life-threatening situations. In the event of being lost or a medical incident, first call is to **Emergency services on Triple Zero 000**. If required, the Emergency Services will initiate [NSW SES BSAR \(NSW SES Bush Search and Rescue\)](#), which is a specialist unit of the SES.

Handy App for All: The **Smartphone App *Emergency +*** uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency+* also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program and there are 3 or more participants. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Incident Report section of the Trip Report. Lodging a claim: information and forms are available from <http://www.bushwalkingaustralia.org/insurance/accident-insurance>

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

1. Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. Please do not participate in an activity if you are unwell.
2. Carry sufficient water for conditions of the trip – a minimum of 1 or 2 litres, or more in hotter conditions.
3. Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is unexpectedly delayed), rain gear, whistle, torch and appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities such as cycling require special equipment eg bright clothing, helmet, pump, spare tube & tools.
4. Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
5. You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
6. Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, inform the nominated "tail" person and leave your pack on the track to indicate your intentions. Also, make sure they know when you have returned.
7. Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
8. Do not proceed past track junctions - always wait until advised to do so.
9. Do not fall behind the person appointed "tail" for any reason without advising the "tail".
10. Ensure the Activity Organiser is aware that you have made it to the end of the activity.
11. Ensure all vehicles start before leaving for home.
12. Thank the Activity Organiser and bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
13. All participants share responsibility for the orderly conduct & safety of any club activity in which they participate. This extends to helping others in an emergency.
14. **Peer activities** are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All cycling, kayaking & canoeing activities are peer activities.

ESSENTIAL CLUB PAPERWORK - Personal Details & Trip Reports

Participants: When booking each activity, please provide the Activity Organiser with your personal details including: name, mobile number, car registration, emergency contact person's name & their contact number.

Activity Organisers: You must complete a Trip Report for each activity. Forms can be downloaded from the Club's website: <https://www.sutherlandbushwalkers.org.au/> (Forms & Information Tab)

Trip Reports and Visitor Forms must be submitted in a timely manner after each activity.

Email to: tripreports@sutherlandbushwalkers.org.au

USEFUL WEBSITES FOR ACTIVITY ORGANISERS

Activity Organisers should anticipate possible problems and check relevant websites before their activity.

National Park closure alerts: <https://www.nationalparks.nsw.gov.au/alerts/alerts-list> (Hazard reduction burns, Total Fire Bans - TOBANS, track maintenance, pest control operations, road works etc)

Bureau of Meteorology: <http://www.bom.gov.au/> (Weather alerts)

Hazards near Me: <https://www.nsw.gov.au/emergency/hazards-near-me-app> (Fire/flood warnings)

Transport NSW alerts: <https://transportnsw.info/alerts> - /metro-train (Disruption to train services)

Live Traffic NSW: <https://www.livetraffic.com/> (Updates on road & traffic conditions)

Audley Weir - Live Traffic Camera: (Check for road closure due to flooding at Audley Weir)

<https://www.livetraffic.com/traffic-cameras/sydney-south/audley-road-audley-weir>

Email Alerts for LATE PROGRAM CHANGES, CANCELLATIONS OR NEW ACTIVITIES

Send an email to: info@sutherlandbushwalkers.org.au

JANUARY 2025		
DATE	Grade	ACTIVITY DETAILS
Sun 5 Jan	4	BUSHWALK - ROYAL NATIONAL PARK Toonoum Falls car park to southern car park for Lady Carrington Drive. This is mainly an off-track walk with a small section of scrambling and sections that are slippery underfoot. The area is well sheltered which makes for a good summer walk.
Wed 8 Jan	4	BLUE MOUNTAINS BUSHWALK - BIRRABANG CANYON Descend a ridge from the Bells Line of Road into Birrabang Brook and Canyon. Ascending to join the Dalpura Ridge back to the road. Wet feet guaranteed & possible swim. Approx 7 km. Map: 1:25 000 MOUNT WILSON & KATOOMBA
Wed 8 Jan	3	BUSHWALK & LILO - HEATHCOTE NP – LAKE ECKERSLEY Walk Pipeline Track to Woronora River then 800m lilo/air mat paddle to Eckersley Beach - really just an excuse for a swim. Approx 12 km. If you don't wish to lilo, come anyway. (If you do not have a lilo give the leader a ring, he has a few to spare)
Mon 13 Jan	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Wed 15 Jan	3/4	BUSHWALK - WATERFALL TO HEATHCOTE FOLLOWING KANGAROO CREEK A walk with waterfalls, pools and forest. Short sections of off-track. Swims along the way. 11 km
Wed 15 Jan	4	BLUE MOUNTAINS BUSHWALK – VICTORIA BROOK Descend a ridge that leads to 2 x 5m (approx) swims, then on to the Long Undercut. Ascend from the Brook and proceed to Odin Head. 60% off track. Approx 8-10 km. Map: 1:25 000 MOUNT WILSON
Thurs 16 Jan	N/A	APIARY & BEE GARDEN VISIT – WARATAH PARK, SUTHERLAND. Are you interested in beekeeping? Experienced members of Illawarra Beekeepers Association will give a tour of the club facilities, share information about bees and demonstrate various aspects of beekeeping. Protective clothing will be provided. Local honey is available. Places are limited.
Tues 21 Jan	3	SWIMMING WALK – EAST HEATHCOTE – OLYMPIC POOL Catch the Train or Drive to East Heathcote then walk the Bottle Forest Trail and then a steep downhill to Kangaroo Creek and the beautiful Olympic Pool. Rated the best pool in RNP by Wild Swimming. Return the same way uphill. Around 8 km.
Wed 22 Jan	3	SYDNEY HARBOUR WALK - CREMORNE WHARF TO SPIT BRIDGE - via Taronga Zoo, Chowder Bay and Balmoral Beach. Approx 15 km.
Wed 22 Jan	4	BUSHWALK - RNP - PALONA BROOK & BOLA GULLY South end of Lady Carrington Drive to Palona Cave, then follow Palona Brook upstream past the cave and over Palona Ridge to Bola Gully. Follow Bola Gully & Bola Creek back to Lady Carrington. You will get wet. Approx 8 km.
Thurs 23 Jan	3	MORNING WALK – ROYAL NP: ROBERTSON KNOLL – KANGAROO CREEK (SWIM) A short out-and-back walk at Audley around Robertson Knoll to Kangaroo Creek for an optional swim and then back to Audley. A couple of steep sections and stairs. Approx 5 km.
Wed 29 Jan	3	BUSHWALK - HEATHCOTE NATIONAL PARK From Engadine walk down to Woronora River and go under the Heathcote Road Bridges. Follow river bed up stream to a pool for swim. Approx 9 km.

Wed 29 Jan	N/A	SOCIAL BYO everything BBQ or cold spread - 5:30pm A chance to catch up with friends after the Christmas excitement and talk of things to come in the new year. All members past and present are welcome. Commonwealth Pavilion, Royal National Park (near the Audley Visitor Centre) at 5:30pm. No need to RSVP, just come along.
Note - There is NO GENERAL MEETING in January		
Thurs 30 Jan	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 30 Jan	3	BUSHWALK - OTFORD TO OTFORD CIRCUIT Start from Otford Station. We shall go through beautiful Palm Jungle (NEW sandstone steps will be completed end of 2024) with stunning coastal views on this iconic coast track and through this littoral rainforest, up an unnamed ridge and return to Otford Station, along the very pleasant Garawarra Ridge trail. Medium pace, approx 13 km, 300 m total climbs. Slippery surfaces and tree roots. Opportunity to swim at Burning Palms Beach. Map: Royal National Park

FEBRUARY 2025

DATE	Grade	ACTIVITY DETAILS
Sun 2 Feb to Sun 9 Feb (incl)	2/3/4	BUSHWALKING TRIP - KOSCIUSZKO NP - CHARLOTTE PASS (Week 1) Our popular annual week of alpine walking activities based at Pygmy Possum Lodge. Walks each day of various grades. Room rates - Couple \$886, Twin share \$443 each, Single \$576. Rooms have en-suites and meals are self-catering. A very social week. TRIP FULL - WAITLIST ONLY
Wed 5 Feb	4	BUSHWALK & LILO - PROPOSED GEORGES RIVER (KOALA) NP, CAMPBELLTOWN Freres Crossing to The Basin. Walking, rock hopping & floating on lilos. Also looking for koalas! (If you don't have a lilo give the leader a ring, he has a few to spare) Approx 9 km.
Thurs 6 Feb	2	COASTAL WALK - BONDI TO MAROUBRA (or COOGEE) Easy paced coastal walk on footpaths/tracks. Bondi to Maroubra is about 12 km. If you don't wish to walk the whole lot, then you can easily exit at Coogee (after 7.5 km). If it's a very hot day we may all choose to have multiple swims and exit the walk at Coogee instead of continuing on.
Sun 9 Feb to Sun 16 Feb (incl)	2/3/4	BUSHWALKING TRIP - KOSCIUSZKO NP - CHARLOTTE PASS (Week 2) A 2nd week of alpine walking activities based at Pygmy Possum Lodge has been confirmed. Walks each day of various grades. Room rates - Couple \$886, Twin share \$443 each, Single \$576. Rooms have en-suites and meals are self-catering. A very social week. TRIP FULL - WAITLIST ONLY
Wed 12 Feb	3/4	BUSHWALK - ROYAL NATIONAL PARK Heathcote Station to Karloo Pool via Kangaroo Creek to Olympic Pool then off-track to Head of Navigation. Exiting via Engadine Track. Swims in one, two or perhaps three pools. Approx 8 km.
Sat 15 Feb	3/4	BUSHWALK - HEATHCOTE NATIONAL PARK A short, but interesting walk involving off-track sections through Heathcote Creek. Walking from Goburra Pool to Battery Causeway and back to the cars via the pipeline, with time for a swim in Gunners Pool. Be prepared to walk through water and clamber along the creek line. Approx 10 km.

Wed 19 Feb	4/5	BLUE MOUNTAINS BUSHWALK – BURRA KORAIN HEAD CLIFF LINES Exit the ridge/top track to explore the cliffs and rocky pagodas with steep descents and ascents along the off-track section. Approx 17 km. Map: 1:25 000 MT WILSON
Wed 19 Feb	3	ROYAL NP – LOFTUS, AUDLEY then KANGAROO CREEK, by BOAT Loftus to Audley. Then to Head of Navigation on Kangaroo Creek by hire rowboat. Short walk up creek for lunch. Bushwalk the old-fashioned way! Approx 10 km. (boat about \$25 pp)
Thurs 20 Feb	2/3	MORNING WALK – ROYAL NP: WATTAMOLLA / CURRACURRANG FALLS Explore Wattamolla and the coastal track out-and-back to Curracurrang Falls. We'll have plenty of time for a cooling swim at the falls. We can decide on the day if we want to extend the walk for a second swim. Approx 5 km (7 km if we extend the walk.)
Tues 25 Feb	3	SOUTH COAST WALK – MINNAMURRA TO KIAMA Via Minnamurra River, Cathedral Rocks, The Boneyard, Bombo Headland. Train or drive to Minnamurra then walk to Kiama on the Coast Track. Hopefully a swim! Estuaries, beaches, headlands and views along the way. Fish & chips near the Blowhole or head into the town. Around 10 km. Note - the South Coast walks on Tues 25 Feb and Wed 26 Feb cover different sections of the Kiama Coast Walk.
Wed 26 Feb	3/4	SOUTH COAST WALK – GERRINGONG TO KIAMA Via Werri Beach, Bare Bluff, Little Blowhole, Kendalls Point. Approx 16 km. Map: Kiama 1:25000
Wed 26 Feb	3	BUSHWALK – BLUE MTNS NP - SPRINGWOOD CIRCUIT Springwood Station, Sassafras Gully, Perches Pond, Magdala Creek, Springwood Station. All on-track, lovely shaded walk, time to swim in the beautiful bush pools along Glenbrook Creek. Medium pace, 12 km, 300 m total climb. Map: Springwood. Train departs Central Station 7.23 am and arrives Springwood 8.42 am.
Wed 26 Feb	N/A	ANNUAL GENERAL MEETING 7pm Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland The club's most important meeting which includes the election of the 2025 office bearers. Please come along to have your say or put your hand up for one of the many jobs that constitute the committee. It is a very rewarding experience and there are all sorts of jobs that need doing.
Thurs 27 Feb	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 27 Feb	3	MORNING WALK – KARLOO POOL Starting at Heathcote Station, walk to Karloo Pool and return. Morning tea and time for a swim at Karloo Pool. Track includes some steep, rocky sections. Approx 6 km.
Fri 28 Feb	3	CYCLE - WOOLLOOWARE BAY TO WOLLI CREEK/CANTERBURY Out & back social ride on bike paths beside Botany Bay & Cooks River. Woollooware Bay Cycleway, Cook Park Trail, Cooks River Cycleway. Distance approx 40-50 km.

MARCH 2025

DATE	Grade	ACTIVITY DETAILS
Sun 2 Mar	3/4	BUSHWALK - RNP - TEMPTATION CREEK & SAVILLES CREEK Circular walk around Northern section of Royal National Park via Savilles Creek, Train track path, Florence Parade Fire Trail and Temptation Creek. Mostly easy tracks, but a few scrambles over rocks. Approx 12 km.

Mon 3 Mar	3	TRACK WORK: ADOPT-A-TRACK – ROYAL NAT PARK We will be re-visiting some of our previously cleared tracks to do maintenance. Our aim will be to do a 'walk through' and clear any re-growth & obstructions. We will mainly be using secateurs and bush saws. If you are looking to 'give back' something to Royal this is your chance.
Mon 3 Mar to Mon 17 Mar	2/3/4	BUSHWALKING & CAR CAMP TRIP - FAR SOUTH COAST NSW Camping in Bournda National Park and caravan parks in Eden and Bombala. Walks in Mimosa Rocks, Bournda, Beowa and South East Forest National Parks. All day walks including the 27 km Wharf to Wharf between Tathra & Merimbula. TRIP FULL - WAITLIST ONLY
Wed 5 Mar	3	BUSHWALK - ROYAL NATIONAL PARK – WATTAMOLLA TO LITTLE MARLEY BEACH for a leisurely walk and swim. Options to just hang out at Marley or go onto Marley Lagoon and Wedding Cake Rock. Hopefully, catch up with members with whom you don't normally walk. Approx 10 or 15 km.
Thurs 6 Mar	2	MORNING WALK – CRONULLA PENINSULA Anti-clockwise loop walk around the Peninsula from Cronulla Wharf. Easy walk on concrete paths, beaches, rock platforms and through shallow water at low tide. Morning tea and time for a swim along the way. Approx 6 km.
Wed 12 Mar	4	BUSHWALK - HORSESHOE FALLS (ROYAL NP) This walk follows recognised tracks as well as off-track sections as we walk from Engadine to Loftus via Engadine Falls and Horseshoe Falls. Approx 12 km.
Thurs 13 Mar	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 13 Mar	2	MORNING WALK – SANS SOUCI LOOP Part of the Rockdale Wetlands Trail: through the green spaces and wetlands of the F6 corridor from Georges River at Sans Souci to Ramsgate. Return along Botany Bay. Possible swim if hot. Start and finish at Scott Park. Approx 7 km.
Sat 15 Mar	3	BUSHWALK – MADDENS PLAINS ESCARPMENT LOOP Spectacular views of Clifton, Scarborough, the Illawarra escarpment and out to sea. We'll meet in the Shire and car pool south to Maddens Plains. Limited numbers. Approx 8 km.
Wed 19 Mar	4	BUSHWALK - BARGO/TAHMOOR CANYON Follow Bargo River down past Mermaids Pool. Walking on a high ground track as well as canyon riverbed, with crisscrossing water, rock and boulder scrambling. Perhaps a couple of swims. Approx 10 km.
Wed 19 Mar	4	BUSHWALK - ROYAL NP - A to Z XANTHORRHOEA A different look at a familiar area. Fountain Creek, Maidens Pool, The Fountain. Then a whole lot of Grass Trees (Xanthorrhoea) as we make our way to Lightning Point, Farnell Bight, Wants Point, Darkes Bay. Majority of walk off-track, but fairly easy going. Approx 10 km.
Wed 19 Mar to Sat 22 Mar	3	CAR CAMP AND WALKS - COTTER CAMPGROUND ACT Three nights based at the Cotter Campground in the ACT. Day walks in the Namadgi NP. Suitable for tents, camper trailers and caravans. Contact the organiser for the booking details.
Thurs 20 Mar	3	MORNING WALK – ROYAL NP: LILYVALE TRACK A scenic out-and-back walk exploring the southern end of the Royal National Park via the Lilyvale Track. Approx 6 km.

Mon 24 Mar to Wed 26 Mar	3	GRAND CLIFF TOP WALK – BLUE MOUNTAINS (2 nights) Catch the Train/Drive stay Blue Mountains YHA/elsewhere. Day 1: Early lunch then relaxing Minnehaha Falls walk/swim. Dinner at Carrington Hotel. Day 2: Blue Mountains YHA to Leura via Grand Cliff Top Walk. 11 km. Dinner at Katoomba. Day 3: Leura to Wentworth Falls Station via Grand Cliff Top and Darwin's Walk. 11km. Highlights: Good Company, Walking, Views, Food and Relaxation. Book your own accommodation (Always allow for Free Cancellation).
Wed 26 Mar	3	BUSHWALK - DEER POOL TO JIBBON (RNP) A pleasant 'stroll' along the northern part of the RNP coastline. We follow the Marley track past Deer Pool to Marley Beach and north along the cliffline to Jibbon Beach. Approx 12 km.
Wed 26 Mar	N/A	GENERAL MEETING 7pm Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland. Presentation on the new 'BILBY' Activity & Membership System.
Thurs 27 March	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 27 March	3	MORNING BUSHWALK - FOREST ISLAND LOOP AND PALONA CAVE (RNP) Scenic walk through rainforest beside the Hacking River & Bola Creek, then along Lady Carrington Drive to Palona Cave. Approx 8 km.
Sun 30 Mar	3/4	BUSHWALK - WINNELLS WANDER VIA BIG ENGADINE LAGOON A loop walk: Barden Ridge - Winnell's Wander - Engadine Lagoon - The Needles (possible swim) - return. Some lovely vegetation, nice views, peaceful. Two short climbs and a small section of indistinct track as we skirt around flood debris. May get feet wet at (easy) river crossings depending on water level. About 7 km.

ADVANCE NOTICES

DATE	Grade	ACTIVITY DETAILS
Wed 2 Apr to Fri 4 Apr (incl)	4	FULL PACK WALK – LOWER COLO GORGE LOOP – WOLLEMI NATIONAL PARK (3 days) Ridge and river walking, swimming opportunities, great views, remote feel but close to Sydney. 28 km circuit within Wollemi National Park, starts & ends at Mountain Lagoon, north of Bilpin. Full pack walk, medium difficulty as per WILD magazine, Autumn 23, #187 pages 130-135.
Mon 7 Apr to Fri 11 April	3/4	WARRUMBUNGE NP CAR CAMP (4 nights) Camping at Camp Walaay group campground in Warrumbungle National Park. The site is suitable for tents, campers or caravans. The camp is unpowered, but toilets and hot showers are available nearby in Camp Blackman. Walks range from grade 3 to 4+ PLACES STILL AVAILABLE
29 Apr to 13 May	2/3	CHRISTMAS & COCOS ISLANDS TRIP (2 weeks) Two weeks in paradise, walking, birdwatching, swimming and enjoying the history and culture of Australia's outer island territory. TRIP FULL
Q2 Date TBA	4	MURRAMARANG SOUTH COAST WALK (3 days) 3-day walk from Pretty Beach to Maloneys Beach along a spectacular stretch of coastline. NPWS 'self-guided cabin package' includes two nights in shared cabins at Depot Beach and South Durras. Kitchen, linen & towels supplied, BYO food. Minibus transfer back to start. Length 34 km, plus side trips. Longest day is 16-18 km. Cost approx \$240 per person. Register expressions of interest for Q2 trip - date TBA.