

Q2 PROGRAM (Public Version)

April - May - June 2025



Kosciuszko National Park – February 2025 (Photo: Steve & Barbra Sharp)

Sutherland Bushwalkers provides opportunities for bushwalking and other outdoor activities.

Membership is open to all 18 years of age and over and currently stands at approx. 311 members.

The club meets on the last Wednesday of each month (except Jan and Dec) at 7.00 pm at the Stapleton Avenue Community Centre: 3A Stapleton Ave, Sutherland (near corner of Stapleton Ave & Belmont St).

For membership enquiries or further information, see the club's website www.sutherlandbushwalkers.org.au

# **ACTIVITY PROGRAM** – Member's & Public versions

The full quarterly Activity Program can be viewed in the member's area of the club website. Activity Organiser's names & contact details are not available on the public version for privacy reasons. Visitors should email info@sutherlandbushwalkers.org.au to express interest in activities and request Activity Organiser's details.

#### **GRADES**

Club activities are generally graded on a scale of 1 to 6. The descriptions below refer only to bushwalking trips. Where these grades are applied to other activities (eg kayaking & cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our website.

**Grade 1 (Easy)** An easy walk on well-marked and even tracks, providing an opportunity for larger groups of walkers and people with reduced walking ability. Tracks are manmade and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

**Grade 2 (Easy/Medium)** An easy to medium walk on well-marked tracks, mostly of low gradient. Suitable for beginners. Tracks should not be steep. Distance should not exceed 15 km.

**Grade 3 (Medium)** A moderate walk on defined and distinct tracks. Some hilly sections and/or rougher terrain may be encountered in places. A reasonable level of fitness is required. Distance should not exceed 20 km. May include short and easy off-track sections.

**Grade 4 (Medium/Hard)** A more challenging walk that is mostly along defined and distinct tracks that may contain steeper, rougher terrain. It provides an opportunity for surefooted, experienced walkers to explore and discover relatively undisturbed natural environments. Some walks have off-track sections (sometimes up to 50%) and/or rock scrambling. Activity organisers should have map reading abilities and the ability to use a compass. Distance depends on circumstances. Alternatively, it can be a walk of lesser difficulty that is more than 20 km. Unsuitable for beginners and most visitors.

**Grade 5-6 (Hard)** A long or strenuous walk over difficult terrain, much of which can be off-track and unfamiliar, even to the activity organiser. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

### **GUIDELINES FOR NEW MEMBERS & VISITORS**

**One day walks**: Start with a Grade 1 or Grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some recent bushwalking experience.

**Overnight walks**: These require more experience and fitness than day walks of an equivalent grade, so try some day walks of a higher grade before attempting an overnight walk.

**All activities**: Grading is subjective and cannot take into account all possible factors. Ask for advice if you are uncertain about the grade & terrain or experience & fitness required. Some activities are more risky than others. **Please note:** All Activity Organisers are volunteers. An Activity Organiser may exclude any participant who they consider may have difficulty completing the planned activity.

#### BOOKINGS It is imperative that bookings are made directly with the Activity Organiser.

You should email or phone the Activity Organiser in advance to ask whether there are vacancies and to obtain the activity details. At least 4 days' notice should be given for one-day activities and 10 days' notice for overnight activities. Frequently there is a limit on the number of people, so it is best to book early. A wait list may be created for popular walks. Visitors are welcome to participate if the Activity Organiser agrees.

### **MEETING AND DEPARTURE TIMES**

The time and conditions for meeting & departing cannot be extended to wait for latecomers. If you are unable to attend, please advise the Activity Organiser **ASAP**. This may allow another person to attend if numbers are limited.

**TRANSPORT** Car-pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested: Calculate the contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver. Additional costs should also be shared equally, e.g. park entry fees & tolls.

**EQUIPMENT** Activity Organisers can provide advice about equipment required for specific activities. On camping activities, you need to provide your own camping gear or arrange to share. Beginners are advised not to buy expensive equipment without advice. Some club equipment is available for loan, including camping gear, backpacks and PLBs (personal locator beacons). PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices. Contact the Equipment Officer for more information.

#### SAFE BUSHWALKING, SEARCH AND RESCUE - Safety Before and After Your Activity

**Participants:** Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLBs are used for serious emergencies or life-threatening situations. In the event of being lost or a medical incident, first call is to Emergency services on Triple Zero 000. If required, the Emergency Services will initiate NSW SES BSAR (NSW SES Bush Search and Rescue), which is a specialist unit of the SES.

**Handy App for All:** The **Smartphone App** *Emergency* + uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency*+ also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

# PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program and there are 3 or more participants. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Incident Report section of the Trip Report. Lodging a claim: information and forms are available from <a href="http://www.bushwalkingaustralia.org/insurance/accident-insurance">http://www.bushwalkingaustralia.org/insurance/accident-insurance</a>

# **GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES**

- 1. Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. Please do not participate in an activity if you are unwell.
- 2. Carry sufficient water for conditions of the trip a minimum of 1 or 2 litres, or more in hotter conditions.
- 3. Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is unexpectedly delayed), rain gear, whistle, torch and appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities such as cycling require special equipment eg bright clothing, helmet, pump, spare tube & tools.
- 4. Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
- 5. You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
- 6. Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, inform the nominated "tail" person and leave your pack on the track to indicate your intentions. Also, make sure they know when you have returned.
- 7. Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
- 8. Do not proceed past track junctions always wait until advised to do so.
- 9. Do not fall behind the person appointed "tail" for any reason without advising the "tail".
- 10. Ensure the Activity Organiser is aware that you have made it to the end of the activity.
- 11. Ensure all vehicles start before leaving for home.
- 12. Thank the Activity Organiser and bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
- 13. All participants share responsibility for the orderly conduct & safety of any club activity in which they participate. This extends to helping others in an emergency.
- 14. **Peer activities** are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All cycling, kayaking & canoeing activities are peer activities.

# ESSENTIAL CLUB PAPERWORK - Personal Details & Trip Reports

**Participants:** When booking each activity, please provide the Activity Organiser with your personal details including: name, mobile number, car registration, emergency contact person's name & their contact number. **Activity Organisers:** You must complete a Trip Report for each activity. Forms can be downloaded from the Club's website: <a href="https://www.sutherlandbushwalkers.org.au/">https://www.sutherlandbushwalkers.org.au/</a> (Forms & Information Tab)

Trip Reports and Visitor Forms must be submitted in a timely manner after each activity.

Email to: tripreports@sutherlandbushwalkers.org.au

#### **USEFUL WEBSITES FOR ACTIVITY ORGANISERS**

Activity Organisers should anticipate possible problems and check relevant websites before their activity. **National Park closure alerts**: <a href="https://www.nationalparks.nsw.gov.au/alerts/alerts-list">https://www.nationalparks.nsw.gov.au/alerts/alerts-list</a> (Hazard reduction burns, Total Fire Bans - TOBANs, track maintenance, pest control operations, road works etc)

**Bureau of Meteorology**: http://www.bom.gov.au/ (Weather alerts)

Hazards near Me: https://www.nsw.gov.au/emergency/hazards-near-me-app (Fire/flood warnings)

Transport NSW alerts: https://transportnsw.info/alerts - /metro-train (Disruption to train services)

Live Traffic NSW: https://www.livetraffic.com/ (Updates on road & traffic conditions)

Audley Weir - Live Traffic Camera: (Check for road closure due to flooding at Audley Weir)

https://www.livetraffic.com/traffic-cameras/sydney-south/audley-road-audley-weir

# **Email Alerts for LATE PROGRAM CHANGES, CANCELLATIONS OR NEW ACTIVITIES**

Send an email to: info@sutherlandbushwalkers.org.au

		APRIL 2025
DATE	Grade	ACTIVITY DETAILS
Wed 2 Apr	4	BUSHWALK - BLUE MOUNTAINS  Drive to Leura and park out along the Mt Hay Rd for the Fortress Ridge Trail which we will follow to great viewing spots and an interesting cave. Approx 10 km.
Wed 2 Apr	4	ROYAL NP SURVEY WALK, BOLA CREEK  MJ Callaghan was the first surveyor of Royal NP when it was established in 1879. We will follow his survey from the original southern boundary of the Park down Bola Creek to the Hacking River. Rough, steep & slippery. 10 km.
Thurs 3 Apr	3	Morning Walk - WOLLI CREEK Bexley North to Wolli Creek along bush tracks following Wolli Creek (part of the Two Valley Trail). See flying fox colony. Train to start and finish of walk. Optional lunch at end of the walk at Wolli Creek park/cafes. Approx 7 km.
Sat 5 Apr	3	LEARN TO LEAD WALK - ROYAL NATIONAL PARK  Come along on this walk and learn the basics of leading a walk. A number of experienced leaders will be on hand to explain their processes and ideas, and to answer any questions you may have about leading an activity. Our club is only as strong as its volunteers! Approx 9 km.
Sun 6 Apr	3/4	BUSHWALK - WINNELLS WANDER VIA BIG ENGADINE LAGOON (rescheduled from Sun 30 Mar) A loop walk: Barden Ridge - Winnells Wander - Engadine Lagoon - The Needles (possible swim) - return. Some lovely vegetation, nice views, peaceful. Two short climbs and a small section of indistinct track as we skirt around flood debris. May get feet wet at (easy) river crossings depending on water level. About 7 km.
Mon 7 Apr to Fri 11 April (incl)	3/4	WARRUMBUNGLE NP CAR CAMP (4 nights) Camping at Camp Walaay group campground in Warrumbungle National Park. The site is suitable for tents, campers or caravans. The camp is unpowered, but toilets and hot showers are available nearby in Camp Blackman. Walks range from grade 3 to 4+ PLACES STILL AVAILABLE
Thurs 10 Apr	3	BUSHWALK RNP - BUNDEENA DRIVE to LITTLE MARLEY via DEER POOL and return. A short walk from the trailhead on Bundeena Road to Deer Pool and then on to Little Marley Beach. Depending on the day, possibility for a swim at the beach. Return to Bundeena Road car park via the same route. Approx 9 km.
Fri 11 Apr to Sun 13 Apr (incl)	4	FULL PACK WALK - LOWER COLO GORGE LOOP - WOLLEMI NATIONAL PARK (3 days) Ridge and river walking, swimming opportunities, great views, remote feel but close to Sydney. 28 km circuit within Wollemi National Park, starts & ends at Mountain Lagoon, north of Bilpin. Full pack walk, medium difficulty as per WILD magazine, Autumn 23, #187 pages 130-135.
Mon 14 Apr	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Wed 16 Apr	3	BUSHWALK - KELLYS FALLS AND ILLAWARRA ESCARPMENT From Stanwell Park Railway station, we head straight up the escarpment for waterfalls and great views. We will make our way across to visit Kellys Falls at Stanwell Tops before heading back down. Approx 10 - 12 km.
Thurs 17 Apr	3/4	Morning Walk - HEATHCOTE NP, WATERFALL TO MOUNT WESTMACOTT VIA LAKE TOOLOOMA  This morning walk starts and ends at Waterfall. There are several steep rocky climbs / scrambles plus the usual ups and downs. Some sections of the track are rough and there is a creek crossing. Views from Mount Westmacott are spectacular. Grade 3/4. Approx 8 km.

Tues 22 Apr	3	SUTHERLAND CAFÉ WALK - WORONORA BRIDGE - BOATSHED CAFÉ - PRINCE EDWARD PARK Catch the Train to Sutherland then walk through Sutherland Park and over Woronora Bridge then a leisurely stop at the Boatshed Cafe. Follow Prince Edward Park along the river then a steep climb back to Sutherland. Around 6 km.
Wed 23 Apr	3	BUSH & BEACH WALK - KURNELL/CRONULLA Bus to Kurnell and walk to Cape Solander, Cape Baily, Boat Harbour then a long low tide beach walk to Cronulla. Approx 16 km.
Thurs 24 Apr	3	Morning Walk - RNP - ROBERTSON KNOLL, ULOOLA TRACK, WATTLE FOREST This involves a steep climb with lots of steps, but there are great views from the top. We follow the Uloola Track along the ridge and take the Wattle Forest Track back down to the Hacking River. Approx 8 km.
Sat 26 Apr	4	BUSHWALK - HEATHCOTE NATIONAL PARK Off-track expedition from Heathcote, up Woronora River from Heathcote Road Bridge to Trailers Lake. Back to Heathcote via Scouters Mountain with possible opportunities for Koala spotting. Involves rock-hopping and scrub walking. Approx 15 km.
Mon 28 Apr	3	TRACK WORK: ADOPT-A-TRACK, ROYAL NAT. PK We will be re-visiting some of our previously cleared tracks to do maintenance. Our aim will be to do a 'walk through' and clear any re-growth & obstructions. We will mainly be using secateurs and bush saws. If you are looking to 'give back' something to Royal this is your chance.
Mon 28 Apr	3	<b>KAYAK - LOCAL WATERWAYS</b> Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Tues 29 Apr	2	Morning Walk - LOFTUS OVAL AREA Approx 6 km on track and pathway. Start at Loftus Oval. Bring morning tea, hat and water.
Tue 29 Apr to Tue 13 May	2/3	CHRISTMAS & COCOS ISLANDS TRIP (2 weeks) Two weeks in paradise, walking, birdwatching, swimming and enjoying the history and culture of Australia's outer island territory. TRIP FULL - ADD YOUR NAME TO A WAITLIST
Wed 30 Apr	4	BLUE MOUNTAINS BUSHWALK Perrys Lookdown to Evans Lookout, via Blue Gum Forest, Junction Rock and the Horse Track - 600m steep descent followed by steep ascent. Approx 13 km. Maps: 1:25 000 KATOOMBA & MOUNT WILSON
Wed 30 Apr	-	GENERAL MEETING 7pm at Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland.

	MAY 2025		
DATE	Grade	ACTIVITY DETAILS	
Thurs 1 May	-	APRIL COMMITTEE MEETING - Details TBA	
Fri 2 May	2-3	BUSH/URBAN WALK - KINGSGROVE LINEAR PARK TO MASCOT Beginning at Kingsgrove Linear Park (near Kingsgrove train station), the walk follows several bushland trails through Wolli Creek Regional Park and Turrella Reserve. From there a more urban setting to Tempe Station, Tempe Recreation Reserve and then along the newly constructed pathway beside Alexandra Canal where there are a couple of vantage points to watch the international arrivals and departures from Sydney Airport. When the pathway ends its a short walk then into Mascot station. Approx 12 km (50% bush trails, 50% urban pathways).	

Sun 4 May	3/4	BUSHWALK - HEATHCOTE NATIONAL PARK Loop from Oliver Street Heathcote to Miara Pool, Depression Cave and Scouters Mountain. Possible opportunities for Koala Spotting. Mostly good tracks, some off-track. Approx 10 km.
Tues 6 to Thur 8 May (incl)	4	MURRAMARANG SOUTH COAST WALK (3 days) 3-day walk from Pretty Beach to Maloneys Beach along a spectacular stretch of coastline. NPWS 'self-guided cabin package' includes two nights in shared cabins at Depot Beach and South Durras. Kitchen, linen & towels supplied, BYO food. Minibus transfer back to start. Length 34 km, plus side trips. Longest day is 16-18 km. Cost \$244 per person.
Wed 7 May	3-4	SYDNEY HARBOUR AND COASTAL WALK Rose Bay to Bondi Beach - via Vaucluse Bay, Nielsen Park, Parsley Bay, South Head and Diamond Bay. Approx 18 km.
Thurs 8 May	2-3	Morning Walk - SHIPWRIGHTS BAY, BLAKEHURST  Explore Bald Face Point Reserve and Lookout, then a walk through Shipwrights Bay Reserve and loop back to the start. Views across Georges River back to Tom Uglys Bridge and the Shire. Includes some street walking. Approx 5 km.
Sun 11 May	3	NORTH HEAD WALK: FERRY TO MANLY Walk the tracks of the North Head Precinct at a leisurely pace. Coffee and possible swimming if the weather is warm. Distance: up to 12 km.
Wed 14 May	3	SYDNEY HARBOUR WALK Cremorne Wharf to Spit Bridge - via Taronga Zoo, Chowder Bay, and Balmoral Beach. Approx 15 km.
Wed 14 May	4	BUSHWALK - HEATHCOTE NP, BOOBERA POOL Mirang Fire Trail & Spion Kop, Abaroo Track, Heathcote Creek, Goanna Track and on to Boobera Pool (Kingdom Come). A large pool on the 'Wonnie' & historic bushwalkers camp site. Sections of off track. We will follow the river for a short section to Eckersley Causeway, a bit of up and down. Return via Miara Pool. 14 km.
Thurs 15 May	3	<b>KAYAK - LOCAL WATERWAYS</b> Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Sat 17 May	4	BUSHWALK - HEATHCOTE NATIONAL PARK Off-track expedition from Waterfall, up Myuna Creek and Ripple Rill to ruins of old settlement. Be prepared for creek/scrub walking. Approx 10 km.
Tues 20 May	3	<b>GRAYS POINT CAFÉ WALK - AUDLEY - HACKING RIVER</b> Drive to Grays Point then walk the fire trail and Honeymoon Track to Audley Café for a leisurely stop. Follow the Hacking River and then take the steep climb back to Grays Point. Around 6 km.
Wed 21 May	3-4	ILLAWARRA BUSHWALK Mt Keira - Mt Pleasant Track, Geordies Flat, Byarong Park, Robertsons Lookout, Mt Keira summit, Five Islands Lookout. Descend via Dave Walsh Track - returning to start of walk. Approx 14 km. Map: 9029-2S WOLLONGONG
Wed 21 May	4	BUSHWALK - ROYAL NP, GOONDERA BROOK Heathcote to Heathcote via Goondera Dam, Goondera Brook, Kangaroo Creek, Karloo Pool & crossing Heathcote Brook on our way out. A fairly solid day, with slow going on a scrubby creek. Come prepared for wet feet. 12 km.
Sun 25 May	3	BUSHWALK RNP - LOFTUS, AUDLEY and KANGAROO CREEK Start at the old RNP Visitors Centre car park (near the old Tram Station), walk down the Bridal Track to Audley, over the Varney Bridge and up the Engadine Track to Kangaroo Creek/Engadine Creek Junction. Return to Audley, then back along the river via Reids Flat and up the steep scramble near Grays Point to Florence Parade fire trail and back to the start. Approx 11 km.

Tues 27 May	2-3	COASTAL WALK RNP - BUNDEENA AND JIBBON HEAD CIRCUIT Possibly whale spotting. Bring binoculars, morning tea, hat and water.
Wed 28 May	3/4	BUSHWALK - KANGAROO CK CASCADES & POOLS Starting and finishing at Heathcote, this loop walk will follow the negotiable route along the lower end of Kangaroo Ck, from the head of navigation. This part of Kangaroo Ck has many little picturesque cascades and swimming holes. Approx 12 km.
Wed 28 May	-	GENERAL MEETING 7pm at Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland.
Thurs 29 May	3	KAYAK - LOCAL WATERWAYS  Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 29 May	2	Morning Walk - KAMAY NATIONAL PARK, KURNELL - CAPE BAILY TRACK: A coastal walk on the tip of the Kurnell Peninsula that starts at Cape Solander Lookout and ends at the heritage listed Cape Baily Lighthouse. Maybe we will see some whales. The usual ups and downs on this out and back walk. Approx 7 km.
Thurs 29 May	-	COMMITTEE MEETING - Details TBA

	JUNE 2025		
DATE	Grade	ACTIVITY DETAILS	
Mon 2 June	3	TRACK WORK: ADOPT-A-TRACK ROYAL NAT. PARK  We will be re-visiting some of our previously cleared tracks to do maintenance. Our aim will be to do a 'walk through' and clear any re-growth & obstructions. We will mainly be using secateurs and bush saws. If you are looking to 'give back' something to Royal this is your chance.	
Wed 4 June	4	ILLAWARRA BUSHWALK Stanwell Park Station to Thirroul Station via Wodi Wodi, Forest Track- some rough patches. Approx 150m descent at Sublime Point (including metal stairs). Approx 19 km. Maps: 9029-1S Appin &9029-2N Bulli.	
Wed 4 June	4	ROYAL NP SURVEY WALK, PALONA RIDGE  We will follow the line of the old, now disappeared, 'Causeway Track'. Starting at Garie Trig, the old track follows a traverse taken by surveyor Callaghan to Palona Cave & on to the Hacking. 9 km.	
Thurs 5 June	3	Morning Walk - LOFTUS TO ENGADINE Start near Loftus Station, then follow fire trails and bush tracks through RNP via Loftus Fire tower, Engadine Falls and Wetlands to Engadine Station. Option for coffee at Engadine then train back to Loftus. Approx 8 km.	
Wed 11 Jun	3	BUSHWALK - WATERFALL TO THE BURGH This walk from Waterfall, takes us on some less travelled tracks in Heathcote National Park and across to Cawley and Helensburgh Dam in the Garawarra SCA. Approx 13 km.	
Thurs 12 Jun	3	<b>KAYAK - LOCAL WATERWAYS</b> Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.	

Thurs 12 Jun	3	Morning Walk - RNP GRAYS POINT TO AUDLEY Walk along Florence Parade fire trail, Bungoona path and Honeymoon track to Audley. Morning tea near Audley Cafe. Return along the Bridle track. Approx 7 km.
Wed 18 Jun	4	BLUE MOUNTAINS BUSHWALK Asgard Swamp Area - Ikara Head, Valhalla Head and Asgard Mine adit. Includes a steep cliff descent from Ikara and off track sections to and from Valhalla Head. Approx 12 km. Map: 1:25 000 & MOUNT WILSON
Thurs 19 Jun	3	Morning Walk - WATTAMOLLA TO LITTLE MARLEY Out and back morning walk starting at Wattamolla, heading north along the Coastal track to the escarpment on the southern side of Little Marley. We will take our time looking for whales. The usual ups and downs of the Coastal Track, some steep bits with steps and a couple of creek crossings. Approx 7 km.
Sat 21 Jun	3	Morning Walk - BUNDEENA - JIBBON COASTAL LOOP Walk along the less travelled coast line from Bundeena north via The Balconies, Cormorant Rock and Shelly Beach then across to Jibbon Beach and back through bushland to the cars. Good opportunities to see whales. NB: some sections of this track are overgrown. Approx 6 km.
Tue 24 Jun	2	Morning Walk - SUTHERLAND TO WORONORA RIVER Pathway with some steps, cafe at the end, bring Opal card.
Wed 25 Jun	3-4	BLUE MOUNTAINS BUSHWALK Creeks & Waterfalls - North Lawson - Empire Pass & Dantes Glen. Hazelbrook - Horseshoe Falls Reserve includes a short off track section to the Amphitheatre Track. Approx 10 km. Map: 1:25 000 KATOOMBA
Wed 25 Jun	-	GENERAL MEETING 7pm at Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland.
Thurs 26 Jun	3	KAYAK - LOCAL WATERWAYS  Meet at various places in the Shire or nearby at 8.30am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 26 Jun	-	COMMITTEE MEETING - Details TBA
Sat 28 June	3	COASTAL WALK - KURNELL TO WANDA BEACH Catch the 987 bus from Wanda Beach or Cronulla Station to Kurnell. Coastal walk via Kamay National Park, Cooks Landing Place, Cape Solander, Tabbigai Gap, Cape Baily, Boat Harbour, Wanda Beach. This is peak whale season, so we might spot some whales if we are lucky. Approx 15-16 km.



Blue Lake walk - Kosciuszko National Park - February 2025 (Photo: Steve & Barbra Sharp)